

# Why join?



Here For You

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The ADRP is an organization of retired Dalhousie University faculty and staff. We are the only organization solely dedicated to the interests of Dalhousie retirees.

*Dalhousie health benefits are top notch, especially the travel plan.*

## Benefits of Membership

**Advocacy.** We actively lobby within Dalhousie to promote and protect the interests of retirees and pensioners. The ADRP has observer status on the Pension Advisory Committee, which provides its members a voice in all proposals about Pension Plan revisions, the ability to lobby employee and employer representatives, and access to up to date information on the Plan's status. The ADRP has a major influence through its majority of seats on the Retirees' Benefits Advisory Committee to choose the benefits and set the rates for the age 65-and-over plan. We are watch dogs on the Employee Benefits Committee that manages the Extended Health Benefits plan for under-65 retirees. We monitor changes to policies and operations and intervene as required to keep the needs of retirees on the University radar, particularly regarding email and other digital resources.

*The General Meetings provide updates on our pension and benefits as well as time to ask questions of the ADRP Board and to socialize.*



Photo: Susan Holmes

**Socializing.** Membership builds community with others who have experienced university work-life. Meet up with your colleagues at one of our many sponsored events: theatre, coffee, concerts, dining, hikes, bird-watching, cooking classes, star gazing, and more! After all, research is clear that social connections are important to our health and well-being.

**Learning.** As the founding organization of the Seniors' College Association of Nova Scotia (SCANS), the ADRP strongly support its mandate and provides financial support to SCANS annually. We support life-long learning to keep our minds sharp!

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*For only  
\$20 per  
year*

*ADRP has  
got your  
back.*

*Convinced?*

*Complete  
the  
member-  
ship form  
to join*

*or*

*Hit Join  
Now at  
[theADRP.ca](http://theADRP.ca)*

*Won't you  
join us?*

*ADRP social in  
Wolfville.*

*Photo: Susan  
Holmes  
07/2023*

**Assistance.** We help members navigate the Dalhousie Extended Health Benefits and Travel Insurance plans for pensioners. Additionally, we offer practical support to members experiencing challenges with accessing University resources, particularly educational opportunities and email and other digital services.

**Stay in touch.** We publish a newsletter 3-4 times/year to keep our members informed about Board activities and stay engaged with fellow members. Read reports from our committees, updates from the ADRP President, and stories of what our members have been up to. Learn about their hobbies, travels, interests, and creative activities, including reading their poetry! We invite you to share your adventures.

**Networking.** We are members of the College and University Retiree Associations of Canada/Associations de Retraités des Universités et Collèges du Canada (CURAC/ARUCC), an umbrella organization of associations that represent over 15,000 college and university retirees from across Canada, of which ADRP was a founding member and Halifax home to its inaugural meeting. CURAC promotes sharing of information and activities, including through the annual CURAC conference. ADRP members are eligible to apply for benefits available through CURAC's affinity partners, benefits that may not otherwise be available to Dalhousie retirees. We work closely with other related groups such as the SCANS and the Dalhousie Faculty Association.





# ADRP

Association of Dalhousie Retirees & Pensioners

Here For You

## MEMBERSHIP FORM

Association of Dalhousie Retirees & Pensioners (ADRP)  
Room 2831, Life Sciences Centre  
Dalhousie University, PO Box 15,000  
Halifax, Nova Scotia B3H 4R2  
Telephone: 902.494.7174  
Email: [adrp@dal.ca](mailto:adrp@dal.ca) Website: [www.theADRP.ca](http://www.theADRP.ca)

*Complete to authorize payment by monthly pension deduction. E-transfer or cheque is also accepted.*

***Note: If you do not receive the Dalhousie pension, then an E-transfer or cheque is required.***

Employee Number: B00\_\_\_\_\_ Date of retirement: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone #: \_\_\_\_\_ Cell #: \_\_\_\_\_

Email: \_\_\_\_\_

Department/Faculty/Position: \_\_\_\_\_

Choose a payment method:

☐ **Monthly Pension Deduction (preferred):**

I request that ADRP monthly dues of \$1.66 be deducted from my Dalhousie University pension starting month of \_\_\_\_\_ year of \_\_\_\_\_ and continuing until I inform you otherwise in writing.

Signature: \_\_\_\_\_

**For Monthly Dalhousie Pension Deduction, return this form to:**

Email: Pensions@dal.ca

Mail or hand deliver: Dalhousie University Retirement Services  
Henry Hicks Building, Room 150, 6299 South Street  
PO Box 15,000  
Halifax, Nova Scotia B3H 4R2

☐ **E-transfer** \$20 to [treasurer@theadrp.ca](mailto:treasurer@theadrp.ca) for the current year. You will receive confirmation that your e-transfer was successful. This will be due annually in January.

☐ **Mail** this form to the address at the top of this form with your cheque for \$20 payable to Association of Dalhousie Retirees and Pensioners. This will be due annually in January.

*Privacy: The information you provide will be used for our records only and will allow us to contact you or distribute information to you. Information that identifies you will not be shared with any other organization.*

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