

Here For You

Minutes ADRP Board of Directors' Meeting Tuesday, March 18, 2025 2:00 pm

In attendance on Zoom:

Randy Barkhouse, Susan Holmes (Secretary) Lynn Johnston, Ed Leach (until 3:30), David Lewis, Patrick Nearing (until 3:15), Grace Paterson, Nancy Pitts (until 2:50), Heather Schellinck, David Tindall, Peter Wallace (President).

Regrets: Marilyn Klein. Absent: David Mercer.

- 1. Call to order by President Peter Wallace.
- 2. Adoption of the Agenda. Accepted.
- 3. Previous Minutes (February 18)
 - A. Approval. Lynn/David T. PASSED
 - B. Matters Arising

ADRP's voting delegate to CURAC conference, Montreal, May 21-23 – Ed

Susan, CURAC Board member, Ed and Grace interested in attending CURAC conference. David Zitner, CURAC Health Policy Committee Chair, usually attends with ADRP paying his registration only.

MOTION: Ed Leach, with Grace Paterson as backup, and Susan Holmes will be supported to attend CURAC conference. Ed will be the voting delegate. Lynn/Randy. PASSED.

MOTION: That an additional \$4,000 be budgeted for ADRP members to attend CURAC Conference either in-person or online, with a selection process and a deadline. Lynn/Patrick. PASSED.

- 4. President's Report Peter Wallace (See report)
 - A. Nominations are a work in progress. Susan McIntyre, Tarjei Tennessen, Linda MacNutt will become Board members. Lynn and Jerry Singleton are web authors. By-laws state standing committee chairs and four members at large, and up to four Vice-Presidents. Ed agrees to be 1stVP. Grace is now Acting Treasurer and is willing to be VP #4.
 - B. Every Director's position comes up once per year. David Mercer's name is not being put forward.
 - C. None of the new board members are accepting an officer position.
 - D. Secretary position is open. Emails and phone calls to recruit were fruitless.

ACTION: Peter will send updated list of nominees with Ed as first Vice-President; Past President is Heather. Linda MacNutt might consider Secretary position with Grace continuing as Treasurer. Peter will call Linda.

- 5. Treasurer's Report Grace Paterson, Acting Treasurer (See reports)
 - A. Travel grant of \$1,200 received from Dal and deposited.
 - B. Draft financial statements for 2024 have been prepared (attached). Grace will send the statements to Pat Ryall, auditor. Auditor's report should be distributed to members on April 1 for approval at AGM.
 - C. Extra credit card is being canceled.
 - D. Everything has been moved to Treasurer@theadrp.ca.
 - E. There is a time delay for deposit of dues, and deposits have been missed. There is always a carry-forward from year to year.

MOTION: That we automate deposit of ADRP dues into Dal account 68034 rather than CUA account. Grace/Heather

ACTION: Grace and Peter will create a 2025 budget and circulate to the Board for approval before the AGM.

- 6. Other Reports
 - A. Benefits Peter Wallace (See report)
 - a. An increase in premiums is recommended due to a deficit in the plan.
 - b. CURAC has new affinity agreement with SpecSaver(eye glasses) but there is no office in Nova Scotia.
 - c. Eye examinations covered by MSI every two years when over 65.
 - B. Pension Advisory Committee Randy Barkhouse (See report)
 - a. Actuarial evaluation is set for as of June 30, 2025. It will require 8-9 months to complete. Returns were robust to December31, 2024; results in next February/March may be less so. Actuarial evaluation is a tedious calculation and Laurie Creelman's replacement will be responsible for assisting the external actuary to verify the data. RTF trustees will look at situation as of June 30 and next year as well as the overall trend in making any decision about catch-up indexation.
 - b. Faye Woodman remains ADRP alternate.
 - C. Seniors' College Association of NS –Nancy Pitts(See report)
 - a. Registration for SCANS opens March 17 with Info Session on March 19 at 1:30.
 - b. Originally the ADRP contribution to SCANS of \$150 was for a public lecture.

MOTION: That ADRP contribution to SCANS be increased to \$500 annually for the purpose of supporting public lectures. David L/Grace.

PASSED

- D. Communications Committee (See report)
 - a. Lynn reported on the bounces and open rates for the last bulletin. Performance is very good compared to peers.
 - b. Committee met on March 10 and raised several questions: What is our social media strategy? How do we communicate best? What do members want to hear about? A survey planned. Shall we survey at AGM? Offer QR code.
 - c. Website Do we need a major redesign? Are the important things we do sufficiently highlighted? If so, it would require a web designer consultant and ongoing assistance. The comment was made that the website was recently revamped.
 - d. 25th Anniversary Special edition of newsletter with in-depth on ADRP, past presidents, generations of ADRP members. Randy has been on Board since 2008. Colin Stuttard may help.

MOTION: That \$1,000 be committed to 25thAnniversary celebrations of ADRP. Lynn/Susan PASSED

- e. Instagram Pat Nearing- 16 followers
- f. Socials Susan Holmes (See report)
 - The Fidget Workshop taught by Nancy Pitts has 5 registrants for March 24.
 - Social bridge continues on April 5 with Grace Paterson.
 - Truro monthly coffee meetings continue.
 - Night Sky Gazing with David Hoskin as well as Tony Schellinck at York Redoubt on April 23, 9 pm.
 Twenty ADRP members attended the last night sky event.
 - **NEWLOCATION**: May 27, 9:00 am Warbler Walk in Jerry Lawrence Park with guide Marty Finch and lunch following at Lefty's.
 - June Bedford Players Community Theatre: A Murder is Announced by Agatha Christie. Details TBA
 - Puffin, Bird & Seal Watching, Peggy's Cove Boat Tour to Pearl Island. Saturday, July 12, 9:30 am (later start this year). Lunch following at Sou'Wester Restaurant.
 - NEW McNabs Island Heritage Tour.
 Sunday, July 20, departing from Eastern Passage. Details TBA.
 - August 25th Anniversary Ice Cream Social & Shakespeare by the Sea. Details TBA

The budget for 2023 was \$4,400 and the actual was \$4,438. The budget for 2024 was \$5,000 and the actual was \$4,917.

MOTION: That budget for socials be increased to \$6,000. Susan/Patrick PASSED

E. Membership – Heather Schellinck
 847 total members. 808 members are paying through deduction; 39 through e-transfer and a few by cheque.
 Letters have been mailed to individuals who did not pay.

7. New Business

- A. AGM Tuesday, April 15, 1:00 pm Old Ashburn Golf Club 2:45 Social.
 - a. Motions to members by April 1.
 - b. Lynn updated job descriptions for directors, officers, members at large. Susan suggested changes to by-laws. Heather identified some concerns as well. Changes approved in January 2023 did not get updated at the Registry of Joint Stocks until recently. It was agreed to delay discussion on by-laws until next GM.
 - c. Natural structure of any organization is to look for presidential nominees; if there are no nominees, then President serves a second or third term. A succession plan is important for the continuation of the organization.
 - d. Annual Reports to Marilyn for Newsletter DEADLINE March 25.
 - e. Two PPt slides/report to Susan DEADLINE April 9.
 - f. Recording of meeting at Ashburn Golf Club still unresolved.

ACTION: Peter will speak with Ed re arrangements for recording at AGM and technology for hybrid meetings for Board.

Next Meeting: Annual General Meeting, April 15, 2025

1:00 Old Ashburn Golf Club. Social to follow.

Adjourned 4:04.

Respectfully submitted

Susan Holmes ADRP Secretary