

Association of Dalhousie Retirees & Pensioners

Tuesday, December 17, 2024: 1:00 – 2:30 pm

Ashburn Golf Club

Approved Minutes

1:15 Meeting called to order by President Peter Wallace, followed by land acknowledgement.

1. Adoption of the Agenda

Stewart Cameron/Nancy Morrison. Passed.

Minute of silence for ADRP members who have passed:

Jerry Barkow, Steven Burns, Herbert Hancock, Mary Morash-Watts.

2. Previous Minutes

a. Approval of minutes of April 16, 2024.

Robin Whyte/Heather Schellinck. Passed

b. Matters Arising

Treasurer's position is still vacant. In May, David Lewis volunteered as Treasurer; he is now resigning.

3. President's Report – Peter Wallace

a. There were several social events over the summer and fall enjoyed by ADRP members.

b. ADRP finances are healthy.

c. Members were invited to consider joining the ADRP Board. Positions open: Treasurer, IT Communications Committee. It's a good opportunity to do something meaningful. Your expertise could make a difference for fellow retirees. Contact President@theadrp.ca

4. Treasurer's Report – David Lewis

a. The finances are in good shape, and David offered his full support in the transition to a new Treasurer.



ADRP Treasurer's Report November 2024

David Lewis

	Balance
CUA Chequing Account	\$6,437.14
Savings Account 7634-20-3	\$3.92
Savings Account 7634-21-3	\$1,207.61
Dalhousie Account	\$603.44



Notes to Financial Report

GICs totaling \$66,101.46 have various maturity dates.

When they mature, a new GIC is taken out following recommendations from CUA.

Interest income is based on the coupon rate of existing term deposits.

5. Other Reports

A. Benefits - Peter Wallace



Benefits Committee Report

Peter Wallace
Chair

Committee Members
Peter Wallace
Jenny White, Chair RBAC and early retiree representative
David Tindall
Christine Matheson
Robin Whyte

No issues have surfaced in the past 8 months.

Work in progress

- Better record system to serve filing wills and survivor benefits
- Communication of medical and non-medical benefits available to retirees – see latest Newsletter.

B. Communications - Stewart Cameron

- Committee members were introduced and their roles mentioned. For the past three years the Committee has been working hard to keep members informed and to maintain an archive of newsletters, meeting minutes, etc.
- Website traffic has been growing. Posts have increased from 8 in 2020 to 27 in 2024.



ADRP

Association of Divorced Retirees & Pensioners

Communications Committee Report

Stewart Cameron
Chair

Susan Holmes
Marilyn Klein
Patrick Nearing
Heather Schellinck
Peter Wallace

Here For You

Mail: Mailchimp was used to send **18 bulletins** to you in 2024. Open rates range from 44%-94% with announcements about the Newsletter being most popular.

Newsletters: 3 have been published this year, compared to 5 in 2023 and 2 in 2022.

Instagram: 34 followers and has made 5 posts.

Email: We have set up permanent addresses for our executive e.g. president@theadrp.ca. The address treasurer@theadrp.ca is set up to auto deposit all Interac transfers into our CUA account.

- After 3+ years, Stewart is stepping down as Webmaster. ADRP needs someone to assist with the website; Marilyn will continue to assist and Stewart will provide mentoring.

C. Pension Advisory Committee (PAC) - Randy Barkhouse

- PAC oversees the Pension Plan as written in the Plan text. ADRP has observer status. See the full report www.theadrp.ca



Indexation Status

Randy Barkhouse

- .26% automatic indexation of eligible pensions in January 2025
- \$11.5 million RTF Surplus will fund a further amount of catch-up indexation (2%?)
- Catch-up awarded at discretion of RTF trustees
- Missed indexation reduced to 10.36%
- Strong RTF returns to September 30, 2024
- \$76 million surplus

- b. Under new provincial regulations to come into effect April 1, 2025, withdrawals from the pension plan may be possible. For a pensioner, a doctor needs to sign off that you are not expected to live beyond four months. Spouse is required to sign off that they waive any spousal benefits.
- D. Membership - Heather Schellinck
 - a. We have 835 members.
 - b. E-transfer is very convenient for ~40 members, but some forget \$20 needs to be paid annually. Payroll deduction for 795 is automatic.
 - c. Watch for upcoming retirement reception hosted by Dal for employees who retired 2022-2024.
- E. Seniors' College Association of Nova Scotia (SCANS) - Nancy Pitts
 - a. SCANS was originally established by ADRP members. It's for people 50 years and older who like learning in a social environment. Both in-person and online classes in four chapters: HRM, Truro, Mahone Bay, Liverpool.
 - b. With an annual membership fee of \$172.50 including tax, you can take as many courses as you want. \$115 for membership to online courses. Most courses are over 6 weeks, 2 hours per week. www.thescans.org
 - c. Four chapters: Truro, Mahone Bay, Liverpool, HRM.
 - d. January 6, 2025 information session in HRM or online for upcoming courses.
 - e. SCANS can keep you active socially and cognitively. Several people in the room have volunteered and instructed.
- F. College & University Retiree Associations of Canada (CURAC) Conference, 2024 & 2025 - Ed Leach



The graphic is a promotional poster for the CURAC 2025 National Conference. It features a red and white color scheme. On the left, a white box contains the CURAC logo (a stylized puzzle piece) and the text "College & University Retiree Associations of Canada CURAC" and "Ed Leach". To the right, a white box titled "Highlights of 2024 CURAC Conference" lists several points: "Thriving in Retirement", "Hosted by University of Waterloo Retirees Association", and a bulleted list of conference highlights. Below this, a red box contains the text "CURAC 2025 National Conference May 21-23" and the theme "The Well-Being of the Person, the Community, and the Planet". It also states "Hosted by the McGill University Retiree Association". On the right side of the graphic is a photograph of a large, historic building with a clock tower, surrounded by greenery.

College & University Retiree Associations of Canada CURAC
Ed Leach

Highlights of 2024 CURAC Conference
"Thriving in Retirement"
Hosted by University of Waterloo Retirees Association

- Well-organized conference
- Good networking opportunities
- Insightful & prominent speakers; subject-matter experts
- Spoke to my interests; time well-spent
- Will attend 2025 conference in Montreal

CURAC 2025 National Conference May 21-23
The Well-Being of the Person, the Community, and the Planet
Hosted by the McGill University Retiree Association

Here For You

ADRP sponsors attendance.

CURAC conference is a great opportunity to renew friendships and meet new retired colleagues. We are living longer healthier lives and continuing to contribute to society and the economy.

- G. Social Events - Susan Holmes



The graphic is a promotional poster for Social Events. It features a light blue and white color scheme. On the left, a white box contains the "Social Events" logo (a stylized puzzle piece) and the text "Social Events" and "Susan Holmes". To the right, a white box contains the text "The goal is one social event per month. Unlimited variety of events are possible." and a bulleted list of event examples. At the bottom left is a photograph of a group of people sitting around a table, engaged in a social activity.

Social Events
Susan Holmes

The goal is one social event per month.
Unlimited variety of events are possible.

- Exploring the night sky - David Hoskin, Stewart Cameron
- Guided birding walks
- Shakespeare by the Sea & Ice Cream Social
- Exploring the ancient forest of Blue Beach - Peter Wallace
- Cooking class at Flying Apron - Mary and Mitch Brooks
- Kellie Loder with Symphony Nova Scotia



Social
Events

Susan Holmes

<https://theadrp.ca>



Social
Events

Susan Holmes

<https://theadrp.ca>

- January 8, 2025
- Basketball Dal vs STFX – Dalplex 6/8 pm
 - Patrick.Nearing@dal.ca for tickets
- January 18
- Moxie's for lunch
 - Controlled Damage: The Story of Civil Rights Icon Viola Desmond - SOLD OUT
- January 22
- Women's Hockey Dal vs STFX – Forum 7 pm
 - Patrick.Nearing@dal.ca for tickets

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- February 12
- Men's Hockey Dal vs SMU – Forum 7 pm
 - Patrick.Nearing@dal.ca for tickets
- February 13
- Josephine: A Musical Cabaret, Neptune \$24.75
 - Hosted by Francoise Baylis
 - Refreshments to follow at Moxie's
- March 24
- Creating Activities for the Elderly Senior: Fidget Mats & View Books Workshop with Nancy Pitts

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6. New Business - none
7. Adjournment and Holiday Social

ADRP Annual General Meeting: April 15, 2025