

Hike through Canadian History on McNabs Island!

Sunday July 20, 2025 - 9:30-4:00

Departure Location: Eastern Passage: Meet at A&M Sea Charters, 87 Government Wharf Rd, Fisherman's Cove no later than 9:15 AM. The boat will depart promptly at 9:30 AM and leave the island at 4:00 PM, arriving in Eastern Passage at 4:30 PM.

Parking is in the MacCormack's Beach Parking lot along Shore Road in Eastern Passage. Do not park in the Fisherman's Cove parking lot near the tourist shops as they don't like us to park there even though there is no signage to say so. It's a 5 minute walk to A&M's wharf, which is behind their store Seaside Casual Wear at 87 Government Wharf Road.

If you are taking the bus – the #60 bus goes to Eastern Passage from the Dartmouth Bridge Terminal or the Alderney Ferry Terminal.

Join the Friends of McNabs Island for a guided hike through Canadian history in the SOUTH END of McNabs Island!

- Learn about the important role McNabs Island played for the Mi'kmaq First Nations, the early French settlers, and the British who built several forts on the island to protect the Port of Halifax.
- Visit **Fort McNab National Historic Site**, the grounds of the **McNab Family Homestead**, and the McNab Family Cemetery.
- Stroll along the shore of **Wreck Cove** at low tide and learn about the wrecks that are beached there.
- Visit the 19th century **Victorian Gardens** and see how we've restored the abandoned **Teahouse** - transforming it into an **Outdoor Education Centre**.
- And at the end of the tour, stroll along Maughers Beach and watch the tide roll in.

Dress for the weather and island environment. Wear sturdy sneakers or hiking boots. The island's trails are rough in some places because storms have washed rocks up onto the trails. **Visitors should expect to walk about 10 km on this hike.**

Bring sunscreen, sunhats, insect repellent that works on ticks, plenty of drinking water, and a lunch. There are composting toilets close to the Visitor Kiosk near Garrison Pier and near Fort McNab. Pit toilets can be found in Wreck Cove and behind Maughers Beach.

Dogs are permitted but they must be on leash at all times. Smoking tobacco or cannabis and the consumption of alcohol are prohibited in the provincial park.

COST – Note Special Arrangements: ADRP has purchased tickets from McNab's at \$40 per person. **ADRP members are to etransfer \$15 to Treasurer@theadrp.ca AND email Secretary@theadrp.ca with names of participants and cell #.**

For more information on this event: info@mcnabsisland.ca or <http://mcnabsisland.ca/contact>.