



ADRP

Association of Dalhousie Retirees & Pensioners

Here For You

Approved Minutes
ADRP Board of Directors' Meeting
Tuesday, October 15, 2024
2:00 pm

In attendance: Susan Holmes, Lynn Johnston, Marilyn Klein, David Lewis, Grace Paterson, Heather Schellinck, David Tindall, Peter Wallace. Via Zoom: Randy Barkhouse, Stewart Cameron, David Mercer.
Regrets: Nancy Pitts.

1. Call to order by President Peter Wallace 2:06 pm
2. Adoption of the Agenda
Accepted as presented.
3. Previous Minutes (September 17, 2024)
 - A. Approved as circulated by Heather/Lynn
 - B. Matters Arising
 - a) Changeover to new President and Treasurer

ACTION:

- Peter now has key for ADRP Office C2831 on campus. He will phone Dal security and ask them to give a copy of office key, CF49, to custodial so they can clean.
- David L. will check office for mail every two weeks.
- Marilyn will provide a sign for the office door with the ADRP logo.
- Email to ADRP@dal.ca will be transferred from Heather to Peter.
- The phone will be left as it is for now.

- b) Followup re Dr. Hutchinson's proposal.

Everyone agreed that the wine tour was appropriate as a social event, but mixing wine tasting with education was not preferred.

ACTION:

Susan was directed to relay to Dr. Hutchinson that the past workshop was well-received. Lynn J. offered to provide a testimonial as a past participant in "Living Your Best Life in Retirement." Dr. Hutchinson will be asked for a proposal for a face-to-face workshop for new- to 5-year retirees. ADRP would provide a subsidy.

We spend a lot of time talking about social events. Lynn asked if there should be a small committee. Susan stated that events now are socials that she is interested in. Others are invited to add and host events, which is gaining popularity.

ACTION:

Pat added that education on physical fitness is also important. He will provide information for publicizing the upcoming pickleball and varsity games.

4. President's Report – Peter Wallace
The summer has been quiet. Thanks to Pat for chairing last time. Thanks to committees for the work that they do to keep things moving.
5. Treasurer's Report – David Lewis
No report.
CUA website still a problem but not proposing that ADRP leave CUA. Two factor authentication is used.
ADRPtreasurer@gmail.com set up without knowing there was already Treasurer@adrp.ca
Susan reminded the Treasurer that the amount of the transfer from ADRP members for socials determines the event. It is set to be different for each event.
Susan reported that the Registry of Joint Stocks was updated and paid by Grace.

ACTION:

Ed will assist in setting the Dal email up for David L. with the assistance of Stewart.
CUA Certificates will be updated as per Ed's suggestion.

6. Other Reports
 - A. Benefits – Peter Wallace (see report)
 - a. Meeting on Oct 10. All benefits need to be communicated to the membership better.

ACTION:

- b. FAQs for the newsletter – Do you know you can check your profile through Dal online for the beneficiaries on record? What is CURAC? How do survivors access benefits?
 - c. Should ADRP try to get an MOU with HR to recognize retirees in the same way as alumni are recognized?
 - d. Jenny White will be chair of Benefits Advisory Committee Review in January.
 - e. Do not need booster for Shingles for seven years. COVID shots now available.
 - B. Pension Advisory Committee – Randy Barkhouse
 - a. Return on RTF strong enough to boost 3-year return. If strong returns continue perhaps administrators will be willing to spend some of \$11.5 M to provide more catchup. Next valuation in 2026. RTF now has substantial surplus.
 - C. Seniors' College Association of NS – Stewart Cameron for Nancy Pitts
 - a. Suffered financial decline during Covid but registrations picking up. 160 people registered for Election in US course. Goal of offerings throughout the province. SCANS still has a deficit. Instructors always wanted.
 - b. Does ADRP have an official person on the SCANS board? Heather was last ADRP member on the SCANS board. Stewart is on board, which has changed completely, and stated that a proposal from ADRP would be welcome.

ACTION:

- c. ADRP has budgeted \$150 contribution to SCANS to sponsor a public lecture. This could be linked to Dr. Hutchinson's proposal. Susan will followup with Dr. Hutchinson.

- D. Communications Committee – Stewart Cameron (See report)
 - 1) Webmaster - Stewart Cameron

A post goes automatically to people subscribed to website. 750 names on mailchimp list. Last newsletter got 94% open rate--well above clicks and open rates of our peers. Marilyn is looking after website while Stewart away.

- 2) Newsletter - Marilyn Klein
- 3) Instagram – Pat Nearing
 - a. We have a few more followers. Posted a photo from last event. Will ask for direction on posting and content as the account develops.
- 4) Socials – Susan Holmes (see report)
 - a. Blue Beach hike with Peter on September 24 was well attended, followed by lunch at Le Caveau. Participants were asked for ideas for future events. Mary and Mitch Brooks will organize a Cooking Class at Flying Apron, October 17. Francoise Baylis has suggested Neptune's Josephine in February. Next event is with Symphony NS on November 8.
 - b. ADRP rate for drop-in pickleball at Dalplex will be repeated. Also, will add "Intro to pickleball" lesson with Pat. Will select a few dates for free tickets for varsity games.

ACTION:

- c. Pat will firm up dates and communicate details for promotion to Susan.

E. Membership – Heather Schellinck

- a. 4 new members. Attended social for retirees 2019, 2020, 2021 with 25 people in attendance. Another reception planned for spring.
- b. More ADRP bookmarks have been printed, which direct people to the website for information on "Why join ADRP?" Susan will provide bookmarks to Heather.

7. New Business

Ed reported that he spent Friday at UNB for Future of Innovation workshop. Looking 50 years ahead – what are your greatest fears, hopes? It's all about AI. Ed's project is about re-emergence of seniors' workforce. Oldest employee with tour company is 96. You can change the life course for people if they have a purpose. Ed is giving awards on workplace leadership in hiring seniors. "Be You With Us" slogan.

Ed also pointed out that Equity and Diversity education workshop at Dal does not include a discussion of age. We aren't included. We become invisible and need to speak up.

Lynn suggests that we go to Dal HR with a list of what members might do that would be of benefit to Dal.

Susan suggested the idea of "Ask Us" that Dal used to respond to media requests in the past. This might be a useful approach for organizing the contributions that ADRP members could make.

8. Adjournment 3:46 pm

Next Meeting: November 19, 2024 – 2:00 pm.