

*I joined the
ADRP and
I'm so glad
I did!*

Association of Dalhousie Retirees and Pensioners

Why should I join the ADRP?

The ADRP is an organization of former Dalhousie faculty and staff. We are the only organization solely dedicated to the interests of Dalhousie retirees.

*The health
benefits are
top notch,
especially
the travel
plan.*

Benefits of Membership

Advocacy. We actively lobby within Dalhousie to promote and protect the interests of retirees and pensioners. ADRP has observer status on the Pension Advisory Committee which provides a voice in all proposals about Plan revisions, the ability to lobby employee and employer representatives, and up to date information on the Plan's status.



Photo: Stewart Cameron



Photo: Susan Holmes

*The
General
Meetings
provide
updates to
pension and
benefits as
well as time
to socialize.*

Socializing. Membership builds community with others who have experienced university worklife. Meet up with your colleagues at one of our many sponsored events: theatre, coffee, concerts, dining, hikes, birdwatching, bookbinding, pickle ball and more! After all, research is clear that social connections are important to our health and well-being.

Learning. We keep a list of seminars and presentations from across Canada, both live and online, most of which are free. We support life-long learning to keep our minds sharp!

*Only \$20
per year &
ADRP has
got your
back.*

Convinced?

*Complete
the
Membership
Form to
join
or*

*Hit Join
Now at
theADRP.ca*

*Meet your
Board of
Directors at
theADRP.ca*

*Won't you
join us?*

*ADRP social in
Wolfville.*

Photo: Susan Holmes
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Assistance. We help members navigate the Dalhousie Extended Health Benefits and Travel Insurance plans for pensioners. ADRP has a major influence through its majority of seats on the Retirees' Benefits Advisory Committee to choose the benefits and set the rates for pensioners in the age 65-and-over plan. We are watch dogs on the Employee Benefits Advisory Committee which manages the Extended Health Benefits plan for under-65 retirees. We monitor changes to policies and operations. We intervene to keep the needs of retirees on the University radar, particularly regarding email and other digital resources.

Stay in touch. We publish a newsletter for our members to keep them informed. Read reports from our committees, updates from ADRP President and stories of what our members have been up to—poetry too! Learn about their hobbies, travels, and interests. We invite you to share your adventures.

Networking. We are members of College and University Retirees Association of Canada (CURAC), an organization of over 15,000 college and university retirees from across Canada. CURAC promotes sharing of information and activities—the annual conference is an example. We also work closely with other related groups such as the Seniors' College Association of Nova Scotia (SCANS) and the Dalhousie Faculty Association.

