

Approved Minutes
ADRP Board of Directors' Meeting
Tuesday, October 18, 2022
2:00 – 4:00 pm

In attendance: Randy Barkhouse (late), Stewart Cameron, Susan Holmes (Secretary), Marilyn Klein (late), Ed Leach, David Mercer (late), Grace Paterson, Heather Schellinck (President and Chair), Peter Wallace.

Regrets: Nancy Pitts, David Tindall.

Meeting called to order at 2:06 by Heather.

1. Adoption of the Agenda. (Grace)
2. Previous Minutes (September 20, 2022)
 - A. Approved with minor amendments. (Peter)
 - B. Matters Arising
 - a) A few ADRP members at Retirement Workshop co-facilitated by Susan. 53 participants, only 5 faculty, so a good opportunity to recruit members. Request that Susan express appreciation to Susan Hutchinson on behalf of ADRP.
 - b) Ed – Canada Homeshare update: Peter and Susan working with Ed to investigate. A Homeshare rep, Jackie, will set up a zoom call early next year. Homeshare is working in Fredericton because someone contacted them. We can gather on-the-ground information from them.
3. President's Report – Heather Schellinck
 - The membership form has been updated by Marilyn; needs address of ADRP office added. Then Heather will submit to Laurie Creelman.
 - Registry of Joint Stocks – owe \$31.55. Not in arrears.
 - Heather is waiting to hear from Laura Neals, Dal HR regarding MOU. Prefer to sign in-person.
 - Change to Constitution – spoke with Randy regarding role of Membership chair. Secretary no longer responsible for maintaining membership register. Membership Chair could just be regular committee member.

MOTION: That we incorporate into the Constitution the position of Membership Chair separate from Secretary duties.

Stewart/Randy

PASSED

- Heather is Membership Chair and will prepare description of duties and send out for comments. In the case where the role was filled by a separate person, they would accompany the ADRP President to the Presidents' Social for retirees.

4. Treasurer's Report – Ed Leach
Interest rates continue to rise. Stock market booming although predictions of doom. Will invest certificates now at the best rates we can from CUA.

Working at completing audit requirements and setting out accounting principles.

We are able to transfer from the accumulated funds from the University to Advancement for Bursary that ADRP sponsors. We could also use this account for newsletters sent out to members (\$400).

The CURAC Conference is in Saskatchewan next summer; this fund is meant for travel expenses.

Susan asked if ADRP could budget an amount that could serve as a contingency fund to draw from in response to requests for unexpected community needs. Recently we made a donation to Dal Foodbank to help out after Hurricane Fiona. The question to be answered is: Does the organization support the interests of the ADRP membership?

Carry Forward to December GM agenda.

5. Other Reports

A. Benefits – Peter Wallace

- a. Nothing to report. Will write a brief outline as to how to access BlueCross in next Newsletter. Location of details of benefits plan, especially travel, will be pointed out so members can review it.

B. Communications

i. Communications Committee - Stewart Cameron

- a. Made effort to determine how to archive our documents. Will circulate for comments at next meeting.
- b. Website report included in package.
- c. Stewart will check that expired events are removed from website.

j. Webmaster - Stewart Cameron (report attached)

ii. Newsletter - Marilyn Klein

Nov 22 deadline
Receiving obits

C. Pension Advisory Committee – Randy Barkhouse (See report)

- a. Assets took a bit of a crash. Increased CPI. It is unlikely that pensions will be indexed for next 3 years.

D. Membership – Heather Schellinck

- a. Pat Farmer and David Sutherland deceased. Two new members from President's office and Dal Agriculture College. We are awaiting September numbers from Dal.
- b. Wrote to Jenny White again for updated list of members on payroll deduction.

E. Seniors' College – Nancy Pitts (See report)

The final Public Lecture for the fall term:

Conviction: Telling the story of the granting of the full pardon to Viola Desmond,

Presenter: Dr. Mayann Francis, November 7th, 2 pm.

F. CURAC – Grace Paterson

David Zitner has accepted as Chair of CURAC Health Care Policy Committee. Other members:

Carole-Lynne Le Navenec cllenave@ucalgary.ca

Linda M Kealey lkealey@unb.ca

Kent Percival percival@uoguelph.ca

Daniel Sitar daniel.sitar@umanitoba.ca daniel.sitar@umanitoba.ca

David Tindall David.tindall@dal.ca

Discussion paper topic will likely be determined at next meeting.

6. New Business – Susan

- A. Socials – Heather expressed appreciation for the social events underway.
- B. Two events are being organized (See report)
 - i. Walk with Bird Guide, Oct 26, 9:00 am Jennifer Place Trail, Cole Harbour, \$100 donation by ADRP to NS Bird Society.
 - ii. Symphony NS: Night at the Proms! November 20, matinee with brunch before and shuttle service. Cost approximately \$550-600.
 - iii. Ed confirmed that there is money in the budget for social events and that they are of value to members. Socializing is important to our well-being as we age.
- C. RTO would like ADRP to co-host an event, possibly wine and cheese in Halifax. They need our help in reaching retirees. They are on a membership drive.
 - i. Peter stated it would have to be clear what kind of information would be given and gathered. Might be more effective to catch employees near retirement. Some people are in spouses' plan and then cut off when they retire.
 - ii. People don't like to travel in winter.
 - iii. The more members in the ADRP plan, the more clout you have.
 - iv. Marilyn agrees with Peter, but we don't have a dental plan. Would some pressure help us get a dental plan? Interested in hearing what they RTO has to say.
 - v. Susan is a member of both ADRP and RTO. RTO offers terrific webinars and other information and supports research for seniors.

Susan will hear what RTO Past President of Atlantic, Pam Baker, has to say after her trip to Toronto head office, but not make any commitment until discussing it with the Board.

7. Adjournment 3:13 pm

Next Meeting: November 15, 2022, 2:00 pm

Respectfully submitted,

Susan Holmes
ADRP Secretary

ADRP Treasurer's Report October 18th, 2022

AS OF September 30, 2022

CUA Chequing Account. Balance is \$2,393.21

Savings Account 7634-20-3. Balance is \$42,875.52

Savings Account 7634-21-3. Balance is \$1,201.30

Dalhousie Account: \$4,199.16 (\$1,200 travel + 2,999.16 previous balance)

Certificate # Deposit Mature Interest Principal Accrued % Closing Val. 76364-42-3 12/19/2020
12/19/2022 .800% 20,630.88 128.87 20,759.75

Matured GICs

There was a .75% hike in the bank rate on September 8th. In consultation with Randy, Grace and Heather we felt that we should wait until the end of September or early October before reinvesting for a longer term.

At the September board meeting I shared that I am leaning towards waiting another 30-45 days to see if the bank rate is increased again. and then investing in \$10,000 tranches for 1 year, 18 months, 2 years and 3 years. This would give us the liquidity we need for projects that arise while at the same time taking advantage of the higher rates.

Current CUA Rates

1 year = 3.00

2 year = 3.25

3 year = 3.45

4 year = 3.90

5 year = 4.10

NOTES:

1. Our term deposit matures December 19th.
2. Dues for September will be deposited in October.



Report of the Webmaster

October 11, 2022

The website has operated without appreciable downtime. As of today, the website has had 5162 visits this year, for a total of 20,554 visits since switching to the current WordPress platform. We have counted 371-1013 visits per month this year to date, for an average of 18 visits day.

The most popular pages in the last month are listed below.

September 11, 2022 to Today	
Title	Views
Home page / Archives	122
Service for Dr. Sutherland	75
David Sutherland	46
Study Participants Wanted	32
United Way 2022	25
Summer Newsletter	12
Membership Application	8
Dal Requires Password Change	7
Executive	7
2021-2022 Board	6
Resources	5
Archives	5
Newsletters	4
Dr. Crowley honoured by RSC	4
ADRP Benefits for 2022	4
Learning Opportunities	4

Respectfully submitted,

Stewart Cameron

**Pension Advisory Committee
Interim Investment Performance**

October 2022

FUND PERFORMANCE:

	PTF	RTF	Plan
July 2022	3.61%	4.31%	3.96%
August 2022	-1.58%	-1.56%	-1.57%
2 Month Return	1.97%	2.68%	2.33%
Fiscal Year-to-Date	1.97%	2.68%	2.33%
August Market Value (\$000s)	\$820,360	\$829,330	\$1,649,690

MARKET INDICES:

2 Month Return

S&P/TSX	2.97%
S&P 500 - USD	4.76%
- CAD	6.36%
S&P 400 - USD	7.41%
- CAD	9.04%
EAFE - Local	2.80%
- CAD	1.52%
FTSE/TMX Bond Universe	1.05%

Dalhousie Pension Trust Fund
Dalhousie Retirees' Trust Fund

Interim performance – July 1, 2021 to June 30, 2022

Fund	July 1, 2021 to June 30, 2022	1 Year Net Return	3 Year Net Return
PTF	-1.43%	-1.94%	6.25%
RTF	-3.31%	-3.81%	5.13%
Consolidated Pension	-2.36%		
TSX	-3.88%		
S&P 500 - \$CAD	-6.94%		
S&P 500 - \$US	-10.62%		
EAFE - \$CAD	-14.39%		
EAFE – local currency	-6.58%		
TMX Bond Universe	-11.40%		
CPI	8.13%		

Market Value (millions)	PTF	RTF	Consolidated
June 30, 2021	\$856.6	\$829.8	\$1,686.4
June 30, 2022	\$822.1	\$795.0	\$1,617.1

Fund expenses can vary year to year due to fluctuations in asset values and investment performance.

Report from SCANS; October 2022

Submitted by Nancy Pitts

SCANS held the second fall Public Lecture (“The Wonderful World of Music and Dance”) on October 6th at the Maritime Conservatory of Performing Arts. Originally slated to be an ‘in person only’ lecture, the Tech Team of SCANS was able on very short notice to respond to the request by the Maritime Conservatory to record it. This Public Lecture is now available as a Youtube recording on www.thescans.org. There were approximately 55 individuals who attended the live presentation. One week later, there had been approximately 175 ‘hits’ of people accessing the recording after the event. There will be one more Public Lecture this fall, being scheduled for November.

Classes in fall semester courses are now underway. The popular ‘Art History’ course has been maxed out at 100 registrants which is the capacity of the hall at Hope Church. The online course (‘Medical Language in the Western World’) is a close second in terms of registrants. Other courses are also proving to be of interest to SCANS members in the various chapter locations.

The Board of SCANS has recently approved a land acknowledgement that is to be read at the beginning of Public Lectures and at the first and last class of courses. (*We are in Mi’kma’ki, the ancestral and unceded territory covered by the “Treaties of Peace and Friendship.” We are all treaty people.*)

As always, SCANS welcomes guests to occasionally visit a course as a ‘test drive’ as they consider becoming a member, and is always on the lookout for potential instructors. For more information: www.thescans.org

CURAC REPORT OCTOBER 18/2022

Further to Grace's comment below, all I have to add is that I have volunteered to join the CURAC Health Care Policy Committee. This has yet to be confirmed.

David Zitner met with Kent Percival, President, CURAC, on Wednesday October 12, and agreed to chair the CURAC Health Care Policy Committee. The membership so far includes

Carole-Lynne Le Navenec clenave@ucalgary.ca

Linda M Kealey lkealey@unb.ca

Kent Percival percival@uoguelph.ca

Daniel Sitar daniel.sitar@umanitoba.ca

daniel.sitar@umanitoba.ca David Zitner david.zitner@dal.ca

Social Events Proposed
Susan Holmes

New Business – October 18, 2022

1. I'd like approval for two social events:

a. Walk with birding guide, Marty Finch.

i. Wednesday, October 26, 8:30 am with Thursday October 27 as rain date. ii. I realize this is a repeat of what we've already done twice, but it is popular. It is a great activity because it gets people out and exercising and allows conversation among all members of the group.

iii. Jennifer Place Trail in Cole Harbour, 1182 Cole Harbour Road. It's about 25 minutes from downtown Halifax. Flat trail with smooth surface.

b. Brunch at Le Bistro by Liz followed by Night at the Proms! Symphony NS.

i. Matinee, Sunday, November 20.

ii. Lunch on your own.

iii. \$25 contribution to tickets for ADRP member and friend (estimate 20 people). Depending on seat choice, prices vary from \$35 to \$80.

iv. Approximately \$50 for minivan cabs from Rebecca Cohn to restaurant and return.

v. Total cost: \$550 - \$600.

2. Idea for Social Event co-hosted by ADRP and RTO with RTO covering all costs.

a. I am now on RTO Atlantic, District 50 Board.

b. RTO Head Office would like to host an event in Nova Scotia to share info about RTO, including benefit plans. They are keen to increase membership from this area. c. Keith Vaughan, SMU retirees, is supportive.

d. I have suggested an ad to reach the potential audience since we don't have formal means to reach folks involved in education (NSCC, Libraries, UCB, etc.) that we know of.

e. Pam Baker is visiting RTO Toronto next week and will discuss with them.