ADWRP

Association of Dalhousie Retirees and Pensioners

Proud of the Impact We Made, the Legacy That Continues

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From the Editor

Welcome back. It sounds like the Halifax campus is back with a rather loud bang.

In this issue we have our committee reports; note the new promotions from Bell Mobility and Irving. Enjoy another great staycation report and some very interesting sounding happenings in the Notices and Opportunities section.

Your contributions are always welcome. You can send your stories and photos about travel, hobbies, or unique experiences, or any comments on any newsletter topic or issue, directly to marilyn.klein@dal.ca or through the office email adrp@dal.ca.

Please make note of the <u>Dalhousie Website for retirees:</u>



\$omeone in the hood puts a lot of thought into hanging out their laundry.

The Editorial Board

Marilyn Klein, Editor

Ex-officio:Heather Schellinck, ADRP President ADRP Phone (902) 494-7174

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ADRP Board and All Member Meeting Dates and Times

- Tuesday January 12,2021 2:00 to 4:00 PM
- Tuesday February 16, 2021 2:00 to 4:00 PM
- Tuesday March 16,2021 2:00 to 4:00 PM
- Tuesday April 20, 2021 AGM
- Tuesday May 18, 2021 2:00 to 4:00 PM
- Tuesday September 21, 2021 2:00-4:00 PM
- Tuesday October 19, 2021 2:00-4:00 PM
- Tuesday November 16, 2021 2:00-4:00 PM
- Tuesday December 14, 2021 AGM

ADRP General Meeting December 14, 2021, 2PM-4PM

Meeting Location: TBD

E-transfer for paying Membership fees for 2021 (or 2020 if in arrears) has been arranged if you are not already paying by cheque or payroll deduction.

NOTE: Membership dues are not income tax deductible as the ADRP is neither a registered charity nor an employee union.

Editorial Policy: The ADRP intends to publish the newsletter every three months. We hope the newsletter will serve the following purposes: To provide pertinent information; to provide a forum for the free exchange of views on issues relevant to our membership; and to serve as a documentary record of matters relating to the ADRP. The Editorial Board, under the ultimate direction of the ADRP Board, takes responsibility for the contents of the newsletter. Signed contributions will take the form of short articles and letters to the editor; these will normally represent the opinions of the author, and need not represent the views of the ADRP. Anonymous material will not be considered for publication. The Editorial Board retains the right to edit or reject contributed material and to elicit similar and opposing views surrounding any issue raised.

Newsletter Submission and Distribution Dates

Submissions Deadline Distribution Date

Monday, September 27, 2021 Monday, October 04, 2021

Monday November 22, 2021 Monday December 06, 2021

Spring TBD

MEMBERS OF THE ADRP BOARD 2021 - 2022

OFFICERS				
OFFICE	NAME	PAST POSITION		
President	Heather Schellinck	Sr. Instructor, Psychology and Neuroscience		
Immediate Past-President	Phil O'Hara	Manager, eLearning, LITS		
1st Vice President	Peter Wallace	Sr. Instructor, Earth Sciences		
2nd Vice President	Oriel MacLennan	Librarian, Killam		
3rd Vice President	David Mercer	Technician, Dentistry		
Secretary	TBD			
Treasurer	Ed Leach	Director, Norman Newman Centre for Entrepreneurship		
ADRP Directors-at-Large				
	Nancy Lynn Pitts	Agriculture College (Truro)		
	Marek Kujath	Professor, Mechanical Engineering		
	David Tindall	Professor, Physics		
CURAC Rep	Grace Paterson	Professor, Medical Informatics		
COMMITTEES				
Benefits	Peter Wallace	Sr. Instructor, Earth Sciences		
Membership	Heather Schellinck	Director, ACS		
Newsletter	Marilyn Klein	Instructional Resources, Dentistry		
Pension Advisory	Randy Barkhouse,	Director, ACS		

The ADRP Board of Directors met remotely via Zoom September 21, 2021. <u>Minutes</u> of Board of Directors Meetings will be available on the ADRP Website https://theadrp.ca/wp/>



President's Report September 2021

Heather Schellinck

After a summer break from monthly meetings, the ADRP Board has reconvened via Zoom once again. As the reports included in this newsletter reflect, much has been happening behind the scenes. Our treasurer, Ed Leach, completed the purchase of liability insurance for the Board. Randy Barkhouse, our observer on the Pension Advisory Committee, noted that details on automatic indexation for eligible ADRP members should be available shortly. The Seniors' College Association of Nova Scotia (SCANS) fall program has been finalized (visit thescans.org for details) and classes will begin via Zoom in early October.

In recent weeks, we have been busy helping members deal with the decision by Human Resources (HR) to change the availability of Microsoft Office services, i.e., Word, Power Point and Excel to our members. In brief, although Faculty retirees were to retain access to the products, Staff retirees were excluded. Confusion arose when members' service was abruptly discontinued in late August. After some investigation, we determined that HR had not indicated that it was an "opt in" process. After some discussion, HR reinstated MS Office to all Faculty retirees without cost. We will continue to advocate for those former staff who are interested in using the products without cost and will raise the issue in a future meeting with President Saini.

I regret to report that, due to illness, our secretary and co-webmaster, David McNeil, has resigned. On behalf of the Board, I wish him a speedy recovery. Stewart Cameron, a member of our Communications Committee, has generously agreed to continue managing the ADRP website. The Board is actively looking for someone to undertake the secretarial duties and/or to assist with the website. I am looking forward to hearing from you!! My e-mail address is heathers@dal.ca.

The never-ending presence of Covid-19 continues to thwart the Board's hopes to meet socially with members. Despite this, I am continuing to make plans for an outing to the Faculty of Agriculture in Truro as soon as practically feasible. The campus covers approximately 1000 acres and includes gardens and green houses as well as a working farm so get your walking shoes ready.

Treasurer's Report, September 2021

Ed Leach

AS OF March 31st, 2021

CUA Chequing Account. The balance in the CUA Chequing Account as of August 31st is \$13,212.91

Savings Account 7634-20-3. Balance is \$81.49.

Savings Account 7634-21-3. Balance is \$1,200..32

Certificate #	Deposit	Mature	Interest	Principal	Accrued %	Closing Val.
76364-40-3	02/03/2020	08/03/2022	2.250%	10,667.54	137.56	10,815.10
76364-41-3	02/03/2020	08/03/2022	2.250%	11,852.06	152.70	12,004.76
76364-42-3	12/19/2020	12/19/2022	.800%	20,467.14	114.39	20,581.53
76364-43-3	12/02/2019	06/02/2022	1.950%	<u>10,195.53</u>	<u>148.16</u>	10,343.69
				<u>53,197.27</u>	<u>552.81</u>	<u>53,745.08</u>

Dalhousie Account: Balance unchanged at \$2,999.16

NOTES:

- 1. Donation made to Alisdair Sinclair fund.
- 2. Cheques of \$2,000 each for 2020 and 2021 contribution to the bursary fund were sent to Dal's advancement office with instructions to be added to the capital fund.
- 3. An additional \$15,000 will be sent to the advancement office once we have sufficient funds in our account. (Expect this to be in mid October Current balance is \$14,346.69
- 4. Dues for August were deposited on September 8th \$1,133.78.
- 5. The director's liability insurance has been purchased.
- 6. Need to form committee to draft a plan for the use of the surplus

Membership Committee Report September 2021 Heather Schellinck

As of the end of August,2021, confirmed membership in the ADRP stands at ~730. All but 31 of our members contribute by payroll deduction. The ongoing Covid-19 pandemic has created some uncertainty as to the accuracy of our data as pension staff have been working from home and may not have received notification of new retirees. For example, there are nine individuals who are only on our membership list; conversely, there are twelve individuals who are paying dues for whom we have no information. I plan to meet with someone in the pension office as soon as possible to sort out these anomalies.

We continue to be notified of the passing of many former faculty and staff. ADRP Members (in Bold) and Non-member Retirees who have died over the past year (other than those previously reported at the May Board of Directors meeting) include Said Awad, James Benjamin, Elizabeth (Bonnie) Frick, Brian Hennen, Paul Huber, Rene LeClerc, Glen MacDonald, Donald MacIntosh, Arnold Mitnitski, Scott Murray, John Pennoyer, Jan Prasla, J. Barrie Ross, Charles Thompson, Margaret Mackay, and Agnes Ronald Thomson..

Benefits Committee Report September 2021 Peter Wallace, Chair

Dalhousie has negotiated a promotional Employees Purchase Plan with Bell Mobility for talk, text, messaging and data packages as well as a promotion with Irving Energy offering cheaper home heating prices. Thanks to the efforts of an ADRP Benefits Committee member these promotions have been extended to Dalhousie Retirees (not just ADRP members). The caveat is that the retiree signing up to these promotions must use their Dalhousie email account because that is the only way the companies can be guaranteed the retiree has been a former Dalhousie employee. The information on how to sign up for these offers can be found in a link in the **Dalhousie University Retiree Benefits** newsletter, September 2021 issue, available online. The newsletter is produced by the Human Resources Department. For Irving Energy phone them and give them the code 9000 as stated on the flyer.

All cell phone plans have:

Unlimited Canada-wide calling,

Unlimited Canada-wide text, video, and picture messaging (some out of bundle charges and restrictions may apply),

Unlimited data but once you exceed the data for the plan the speed slows down to 512 kbps.

All plans are for 2-years and the cheapest deals are for new activations or eligible upgrades and the buyer has a phone.

Some plans allow additional lines with no charge and for others there is a charge.

For cell phones the talk and text plan with 30GB data for \$80.00/mo at the regular price compares to \$68.00/mo for the promotional offer for a savings of 25%. The offer also gives a plan that is not on the regular web site that is cheaper but with less data: for \$50/mo you can get all of the above calling, texting, and messaging but the data is 15GB and you are allowed to add 5 additional lines. Tax is extra on all plans.

The Benefits Committee would like any retiree who looks into these promotions to give us their feedback on their experience. That will help us looking into similar promotions which will benefit retirees.

The ADRP Benefits Committee members are:

Peter Wallace (Chair), Randy Barkhouse, Michael Bradfield, David Tindall, Christine Matheson-Studley, Cathy Thibodeau and Heather Schellinck (ADRP Chair)

The ADRP nominees to the Retiree Board Advisory Committee (RBAC) are:

Peter Wallace (Chair), Christine-Matheson-Studley (under age 65 rep), David Tindall and Randy Barkhouse

The non-voting members of the Dalhousie Benefits Committee are:

Peter Wallace (substitute/proxy), Christine Matheson-Studley and Cathy Thibodeau (substitute/proxy)

Please contact any of the above for comments and suggestions.

Pension Report September 2021

Randy Barkhouse

The Pension Advisory Committee does not meet again until September 29 when updates on investment returns, and projections on the Dal Pension Plans surplus are expected, as well as a formal report on the asset/liability study done for the trustees earlier in 2021. That study examines whether the mix of assets matches the returns required to meet obligations.

An informal communication on September 10 from the university's assistant-treasurer indicated that the 1-year return for the RTF to June 30 was 19.43%, an outstanding return, the highest for over 20 years. This return should provide automatic indexation over 3%, as the 3-year average would exceed 8.1%, which is over 3% greater than the 5.05% minimum for any automatic indexation. It might provide for indexation to the full limit of 3.1% matching CPI to June 30. A 1-year return of 12.5% would have allowed 1% indexation, and 15.5%, 2% indexation.

Unfortunately, even if the RTF had a large projected surplus at June 30, the RTF trustees cannot award further catch-up indexation as that is based on surplus calculated by the most recent actuarial valuation

which was as of January 31, 2020. All catch-up indexation that could be awarded from ½ of that surplus was awarded effective January 1, 2021.

I have made a request to the PAC representatives of both the DFA and the NSGEU local 77 that if a large projected RTF surplus is reported at the September 29 meeting, and if no new valuation is announced, that they make a motion requesting the Plan trustees commission a new valuation as of June 30. That valuation would report this fall and allow the RTF trustees to make a judgment on awarding further catch-up indexation.

Jonathan Shapiro, law professor representing the DFA, has replied that he would take my request to the DFA executive, and make the motion if they agree to the request.

At present those pensioners who retired before 2013 have missed indexation in the 7% range, which averages up to \$2000 for a female and \$3000 for a male pensioner. Those who retired subsequently have missed indexation of lesser amounts depending on their date of retirement.

A new pensioners' member of the RTF trustees was appointed as of July 1, succeeding former V-P and Political Science professor, David Cameron, who did not wish to be appointed to a further 3-year term.

The new trustee is ADRP member and former dean of Continuing Studies, Andrew Cochrane.

I exchanged e-mails with Andy Cochrane, indicating the interest ADRP has expressed in appointments to that position, particularly a hope for regular communication with ADRP. As he had just been appointed and not yet fully versed in the duties and responsibilities he suggested we communicate further in the near future. I plan to indicate a concern about further catch-up indexation when I next e-mail him, and welcome suggestions from the ADRP board on that and any other concerns.

CURAC Report September 2021

Grace Paterson

An updated Health Care Policy Committee Bulletin has been uploaded to the <u>CURAC.ca</u> website. It was split into an Executive Summary with a link to the full bulletin. The title is "Chronic Pain in Adults: Challenges in Understanding and Care".

There is a new Board of Directors for 2021-22 with Kent Percival of University of Guelph as President. I completed my 2-year term on the board, but continue in my role as Chair, Health Care Policy Committee.

The 2021 CURAC Annual Conference at McGill was virtual.

Seniors' College of Nova Scotia Report September 2021 Nancy Pitts

Once again, fall courses with the Seniors' College Association of Nova Scotia (SCANS) will be offered by Zoom. Most courses are recorded and available on Youtube to SCANS members. The fall lineup is:

- women Artists Through Art History: Hidden But Very Present Virginia Stephen; Mondays at 1:30 pm, starting October 18th
- 2) Criminal Justice in Nova Scotia: One Size Does Not Fit All Nova Scotia Criminal Justice Association Tuesdays at 10 am, starting October 5th
- 3) Frameworks for Understanding the History of Photography *Alan Griffiths;* Wednesdays at 10 am starting October 6th
- 4) Plants, People, and Politics Hilda Taylor, Thursdays at 1:30, starting October 7th
- 5) (Almost) Everything You Wanted to Know about Medical Imaging but Were Afraid to Ask! *Pierre Schmit*, Friday 1:30, starting October 8th

SCANS is planning to once again offer in-person courses at the five chapters (HRM, Chester, Mahone Bay, Liverpool, Truro) starting in the Winter 2022 semester. This plan is, of course, dependent on the public health considerations associated with the pandemic. These will be complemented by two courses that are offered by Zoom.

There will be a Public Lecture, free for non-members and members of SCANS.

Registration is required for this free Public Lecture (<u>www.thescans.org</u>)

Things That Go Bump in the Night by Vernon Oickle

Thursday, October 28th, 10:00 – 11:30 am; via Zoom

SCANS welcomes new members as well as an expression of interest from individuals who would like to contribute as a SCANS instructor. For more information: www.thescans.org and scansinfo@gmail.com

Notices & Opportunities

Sciographics

<u>Sciographies</u> is a podcast and radio show that offers listeners a glimpse into the lives and career paths of scientists at Dalhousie University. Guests include professors, grad students, and alumni in the Faculty of Science. The show has kicked off its <u>fourth season</u> with new episodes airing weekly through November 4, 2021

Upcoming Events for Aging2.0 Halifax Chapter

Ed Leach

Date	Event
Sept 28 th	 Bridging the Gap - Aging2.0 Virtual Conference Fireside Chats with Louisville Healthcare CEO Council to hear how LHCC went from concept to reality, their corporate innovation priorities, and conversation about current pilots and innovation initiatives within LHCC companies across the continuum of care. CareTech Pitch (participating innovators are profiled here), which is the culmination of our Global Innovation Search and will feature the best innovations for education and engagement from around the globe. Town Hall with LHCC and Aging2.0 leadership, where you'll hear more about what the future looks like and have the opportunity to submit questions.
Sept 29 th	On Wednesday, September 29th, Aging2.0 chapters around the world are joining together to host Day 2 of Bridging the Gap! Topics that will be discussed include unique Covid-19 adaptations and solutions that have been succeeding, how the traditional models of elder care are being turned upside down, programs and strategies being put in place to succeed in the new world we face, and much more. Attendees will have the opportunity to participate through live Q&A's and an extended "Ask Me Anything" with LHCC CEO Tammy York Day. Additionally, we've invited some special guests to join and share their incredible work in the eld of aging, including a keynote from the one and only Chip Conley , former Airbnb exec and founder of the Modern Elder Academy. The Halifax chapter presentation will take place at 2:00 AST.
Oct 4 th - 5 th	Innovate Care – This year it will be a national event delivered by Bob Williamson and the Jameson Group. John and I will each participate on a panel. Agenda is attached. John and I have been helping Bob find speakers and acting as a sounding board.
Oct 4 th – 8 th	Age Well – Age Tech Innovation Week This has been integrated on Monday and Tuesday into the Innovate Care event.
Oct 20 th – 22 nd	CCSBE Conference – UNB is this year's host and Aging2.0 will be hosting 2 panel presentations. Panel #1 by John Hamblin, Glen Hougan and Ed Leach and Panel #2 with Michael Chrostowski from AGE WELL and Bianca Stern from Canadian Accelerator for Brain Health Innovation (CABHI)
Nov 23 rd -24 th	Nova Scotia Home Modification Road Show – The Halifax chapter is working with Don Fenn and Stuart Teather of <u>Caregiver Omnimedia</u> . For further information and to view our program <u>www.caregiveromnimedia.com</u> or call 1.800.209.4810 Ext 23 or locally 902. 476-6449. Free Online event.

Staycation and Coastal Rocks

Peter Wallace

My wife Carolyn Green and I have been staycationing for many years along with the occasional sortie further afield but the Atlantic region including Gaspé are very familiar to us and we love it here. This late spring and summer has seen us looking for interesting coastal features and the stories that accompany them. (Full disclosure: I've been doing this for years because its fun!)

Sea caves



Figure 1: A 1.5 m high horizontal sea cave at Lower Economy, Nova Scotia

Sea Caves are abundant around the Atlantic region and one day this summer while we were camping at Five Islands Provincial Park and looking at the coastal rocks below the park a couple approached us asking where the sea caves were to be found. They had been to Lower Economy where they couldn't find any and they'd heard they could be found below the park at the base of the cliffs that define Economy (Gerrish) Mountain. Figure 1 is a photo of a sea cave at Lower Economy which they must have missed. It is unique in

that it is a horizontally eroded cave and reminded us of the Pueblo Caves in the US mid-west but only much smaller. I suspect children run in and out of this cave all summer when the weather is hot and there was plenty of evidence of this.

While we were there a clam digger was driving his truck along the beach to access the sand and clams showing that this beach gets a lot of traffic. Sea caves abound and if you know what to look for you cannot miss them. I think the couple that asked about sea caves expected to see caves like those in limestone that are long tunnels and not indentations weathered and eroded into various sized alcoves. All around the Atlantic region where there are rocky cliffs sea caves abound such as these, it's just a matter of seeing.

The largest sea caves I've seen in Nova Scotia are along the cliffs at Spicer's Cove (west of Apple River). Here they are formed by the removal of rock along vertical fractures and horizontal sedimentary bedding planes resulting in squarish caves, much like entrances to mine or subway tunnels (Figure 2). This is on the northern boundary of the Cape Chignecto Park and if you go up to the park entrance you will find an interesting park building in that it has never been used to my knowledge since its construction decades ago. The day-trails from the building gives the visitor a view of the Three Sisters (3 very high sea stacks) and a view out over Chignecto Bay and should be done at high tide. Low tide is reserved for a walk around Spicer's Cove to view the caves.

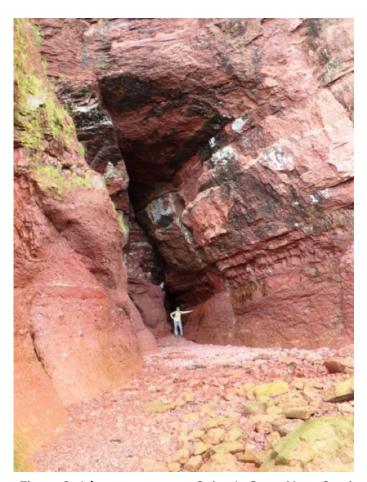


Figure 2: A large sea cave at Spicer's Cove, Nova Scotia

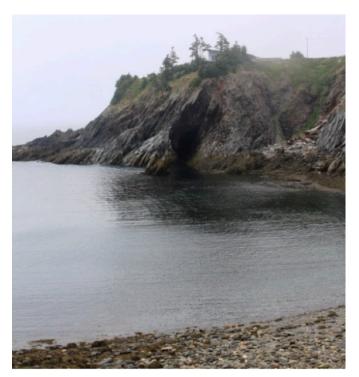


Figure 3: Smuggler's Cave, Meteghan, Nova Scotia

An interesting historical sea cave occurs at Meteghan in a place known as Smugglers Cove (Figure 3). You can only access this cave at mid to low tide. Rumour has it that in centuries past the local Acadians hid contraband, mainly booze, from the English tax agents. They'd put their rum or whatever in the back of the cave and since it could only be accessed during the short low tide intervals the English could not be bothered to search it out. The cave goes back a ways and the rumour is entirely believable.

If you go to Meteghan this cave is worth a visit but beware of the steps down to the beach which are steep and slippery in wet weather and the way around to the cave is not for the faint of heart either. Timing and weather is everything.



Figure 4: A large sea cave on Exploits Island, Newfoundland

So that you do not get the impression that sea caves only occur in Nova Scotia I also joined a kayak tour this summer to the Bay of Exploits, NF. There the sea cliffs make the Nova Scotia cliffs seem like small jumps and the sea caves are equally huge as well as the sea stacks. Most that we explored could only be visited by kayak which made me wonder if the local people knew of their existence in many cases since they could only be seen close to shore where fishing boats dare not venture. This cave

(Figure 4) is about average sized and we explored 2 others (among many) that at the back joined cave extensions that were eroded at right angles to the entrance which resulted in erosion to the cliff at another point so they could really be classified as holes. It was wonderful floating into the caves with water dripping off the roofs, especially during the hot muggy weather of July.

Holes-in-the-walls

The most renown hole-in-the-wall was at Five Islands associated with the Not Since Moses Fun Run (at Five Islands) until the arch collapsed a few years back but there are still many others around. If you go to Scots Bay to hike the Cape Split Trail and take a stop at the Look Off you cannot help but notice Paddy's Island down in the Minas Basin (Figure 5). It is a flower pot that over a century ago was attached to the mainland and the historic society at Kentville has a picture of sheep grazing there. There is only a little remnant remaining and the hole in the middle is shortly to be gone. But do not despair, many more are developing along the quickly eroding shore.

An example of how quickly shoreline features develop is from Rainy Cove, along the south shore of the Minas Basin (Figure 6). This holein-the-wall developed only in the past 12 years since I retired. It is now over 2 meters high and about 8 meters wide, quite a development over those years. I used to lead a field trip to this area in the noughts ('oos) and was

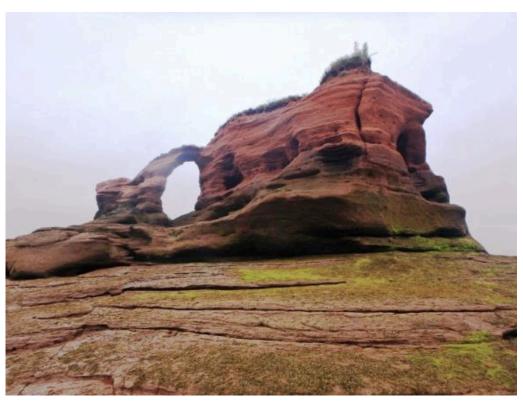


Figure 5: Paddy's Island, Minas Basin, Nova Scotia

surprised and pleased to see it this summer.



Figure 6: View from inside the Hole-in-the-wall at Rainy Cove, Nova Scotia

One other sea coast feature I have to talk about is the Devil's and His Dogs' Footprints on Big Tancook Island (Figure 7). They are found on the eastern end of the island and haven't changed much over the decades but the directions to them on the tourist brochure leave much to be desired. This summer when we re-visited them we were the only people there and riding the ferry back I discovered others had looked for but could not find them. They are at the end of the road and you have to persevere and continue on the trail and power line to the shore.

I could give you the geological explanation but the local folk tale is much better. This is the story as told to me and the Dalhousie Geology students in the '80s during a field trip to the Island; a cautionary tale:



Figure 7: The Devil's and his dog's footprints, Big Tancook Island, Nova Scotia

You can see a line of indentations in the rock, the big ones are the Devil's prints and the smaller one's his dog. Both entities must have been very hot because they have burned footprints about 3 cm deep into the rock so you do not want to tangle with them. They only go one way and a close examination of the last print obviously shows the heal towards the water so the Devil and his dog exited the water and walked into the woods of Big Tancook Island and never returned - they are still there! Now if you are on a field trip with many fellow students and feel the urge of nature your inclination is to visit a tree or clearing in the woods. Do so, but be careful, if you hear a woo-oo you know the dog is nearby and so is his master, you must make haste and get back to the group.

The coastal rocks of the Atlantic Provinces hold much to be explored, from the biology to geology but as well, to hear the local tales. I encourage everyone to do a bit more sleuthing around the coasts but be careful!

In Memoria



Dr. Said A. Awad



Paul Huber



Dr. James Barrie Ross



Dr. Donald Joseph MacIntosh



John Pennoyer



Dr. Scott Murray

No Photo Available





Charles Thompson

No Photo Available

<u>Dr. Jan Prsala</u>



Dr. Brian Hennen



James Stairs Benjamin



Margaret MacKay

No Photo Available

Dr. Arnold Mitnitski

No Photo Available

Elizabeth "Bonnie' Frick

On the Lighter Side

A limerick:

$$\frac{12 + 144 + 20 + 3\sqrt{4}}{7} + (5 \times 11) = 9^2 + 0$$

Doesn't look like a limerick to you? Try this:

A dozen, a gross, and a score

Plus three times the square root of four

Divided by seven

Plus five times eleven

Is nine squared and not a bit more.

THE HECK HECK HECK HECCCCCKKKKKKKKK



🕵 nonbinary-thnikkaman

POETRY WAS NOT MEANT TO BE USED LIKE THIS

Suppose you were an idiot. And suppose you were a member of Government. But then I repeat myself.

Mark Twain (1835- 1910)

I contend that for a nation to try and tax itself into prosperity, is like a man standing in a bucket and trying to lift himself up by the handle.

Winston Churchill (1874 - 1965)

The problem we face today is that the people who work for a living are outnumbered by those who vote for a living.

George Bernard Shaw (1856-1950)

I don't like political jokes, but a lot of them get elected

We hang petty thieves and appoint the great ones to public office

Aesop, Greek slave & fable author

Those who are too smart to engage in politics are punished by being governed by those who are dumber.

Plato, ancient Greek Philosopher

Politicians are people who, when they see light at the end of the tunnel, go out and buy some more tunnel.

John Quinton, American actor/writer

Politics is the gentle art of getting votes from the poor and campaign funds from the rich, by promising to protect each from the other.

Oscar Ameringer, "the Mark Twain of American Socialism."

I offered my opponents a deal: "if they stop telling lies about me, I will stop telling the truth about them".

Adlai Stevenson, campaign speech, 1952.

A politician is a fellow who will lay down <u>your</u> life for <u>his</u> country.

Texas Guinan, 19th century American businessman

What happens if a politician drowns in a river? That is pollution.

What happens if all of them drown? That is solution!!

I have come to the conclusion that one useless man is a shame, two are lawyers and three or more are the government.

John Adams (1735 - 1826)



Yes I want to support the Dalhousie Retirees and Pensioners Bursary! Name: City: _____ Province/State: _____Postal /Zip Code: _____ ☐ This is my preferred address GIFTAMOUNT: I want to support the Dalhousie Retirees and Pensioners Bursary by: Other \$_____ ☐ A one-time gift of \$100 \$50 \Box A monthly gift of \$15 \$10 Other \$____ I may alter this agreement by contacting the Office of External Relations METHOD OF PAYMENT: Please select one: Please process my credit card: □Visa ☐ MasterCard \square AMEX Card #: Expiry: Signature: ☐ I've enclosed a cheque made payable to Dalhousie University to process my one-time gift. ☐ I've enclosed a void Canadian cheque to process my pre-authorized monthly gifts. Mail contributions to: ADRP Bursary Fund Office of External Relations Dalhousie University Box 15000 Halifax, NS B3H 4R2 OR to make your gift online, visit giving.dal.ca and specify Dalhousie Retirees and Pensioners Bursary TAX RECEIPTS: Dalhousie will issue a tax receipt for your income tax purposes. Monthly Donors will receive one yearly receipt summarizing giving over the year.

Association of Dalhousie Retirees and Pensioners



Halifax, N.S. B₃H₄R₂

Room 2831 Life Sciences Centre Dalhousie University PO BOX 15000 Halifax, Nova Scotia B3H4R2 Telephone: (902) 494-7174 E-Mail: adrp@dal.ca

Membership Application for Payment by E-transfer, Cheque or Monthly Pension Deduction Employee Number (from your pension stub): B _____ Address _____ Postal Code____ Phone Number: _____ Date of Retirement: Dalhousie Department: Payment method (Choose one): • An e-transfer of \$20 to treasurer@theadrp.ca for the current year. You will receive confirmation that your transfer was successful. • I enclose a \$20 cheque payable to the Association of Dalhousie Retirees and Pensioners, c/o adrp office address. • I request that ADRP monthly dues (\$1.66) be deducted from my Dalhousie University pension starting (month and year) ______, and continuing until I inform you otherwise in writing. (Signature) Please return this form to: Payroll Office Room 152, Henry Hicks Academic Administration Building Dalhousie University PO BOX 15000

The information you provide to us will be used for our records and to allow us to contact you or distribute to you information. Information that identifies you will not be shared with any other organization.

Association of Dalhousie Retirees and Pensioners (ADRP)

Membership

Open to all Retirees from the University staff, Non-Academic and Academic. Associate membership is available to those within 5 years of retirement.

Mission

To facilitate and promote the dissemination of information of interest to Dalhousie Retirees; and To enhance and promote the sense of continuing membership in the Dalhousie Retirees' family.

Formal Objectives

To represent the interests of retirees from Dalhousie University, their spouses and beneficiaries;

To further the understanding of the retirement pension and benefits;

To cooperate with other groups that have similar objectives; and

To provide a conduit for information between the University and retirees.

Informal Objectives

To promote social interaction among its members;

To investigate and negotiate group benefits that a significant number of members may desire;

To provide information to its members about general and specific retirement issues; and

To pursue other issues as the membership directs.

For Further Information

Visit us at our Web Site: http://theadrp.ca or phone us at (902) 494-7174. Our Email is adrp@dal.ca. Our unstaffed office is on the lower floor of the Life Sciences Centre, Room 2831.