ADWRP

Association of Dalhousie Retirees and Pensioners

Proud of the Impact We Made, the Legacy That Continues

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From the Editor

This will be the last newsletter until the fall. I am looking forward to hearing about of all your summer adventures.

Hopefully by fall we will have had the opportunity to receive our final COVID vaccines. Check with the MSHealth website for all the most current COVID information.

In this issue we have our committee reports as well as great suggestion for a staycation; also included is an important draft memorandum about the relationship of the ADRP to the Dalhousie University Board of Governors.

Your contributions are always welcome. You can send your stories and photos about travel, hobbies, or unique experiences, or any comments on any newsletter topic or issue, directly to marilyn.klein@dal.ca or through the office email adrp@dal.ca.



Halifax Public Gardens May 2021

The Editorial Board

Marilyn Klein, Editor

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ADRP Board and All Member Meeting Dates and Times

- Tuesday January 12,2021 2:00 to 4:00 PM
- Tuesday February 16, 2021 2:00 to 4:00 PM
- Tuesday March 16,2021 2:00 to 4:00 PM
- Tuesday April 20, 2021 AGM
- Tuesday May 18, 2021 2:00 to 4:00 PM
- Tuesday September 21, 2021 2:00-4:00 PM
- Tuesday October 19, 2021 2:00-4:00 PM
- Tuesday November 16, 2021 2:00-4:00 PM
- Tuesday December 14, 2021 AGM

ADRP General Meeting December 14, 2021, 2PM-4PM

Meeting Location: TBD

E-transfer for paying Membership fees for 2021 (or 2020 if in arrears) has been arranged if you are not already paying by cheque or payroll deduction.

NOTE: Membership dues are not income tax deductible as the ADRP is neither a registered charity nor an employee union.

Editorial Policy: The ADRP intends to publish the newsletter every three months. We hope the newsletter will serve the following purposes: To provide pertinent information; to provide a forum for the free exchange of views on issues relevant to our membership; and to serve as a documentary record of matters relating to the ADRP. The Editorial Board, under the ultimate direction of the ADRP Board, takes responsibility for the contents of the newsletter. Signed contributions will take the form of short articles and letters to the editor; these will normally represent the opinions of the author, and need not represent the views of the ADRP. Anonymous material will not be considered for publication. The Editorial Board retains the right to edit or reject contributed material and to elicit similar and opposing views surrounding any issue raised.

Newsletter Submission and Distribution Dates

Submissions Deadline Distribution Date

Monday May 24, 2021 Monday June 07, 2021

Monday September 28, 2021 Monday September 27, 2021

MEMBERS OF THE ADRP BOARD 2021 - 2022

OFFICERS			
OFFICE	NAME	PAST POSITION	
President	Heather Schellinck	Sr. Instructor, Psychology and Neuroscience	
Immediate Past-President	Phil O'Hara	Manager, eLearning, LITS	
1st Vice President	Peter Wallace Sr. Instructor, Earth Sciences		
2nd Vice President	Oriel MacLennan	Librarian, Killam	
3rd Vice President	David Mercer	Technician, Dentistry	
Secretary	David McNeil	Associate Professor, English	
Treasurer	Ed Leach	Director, Norman Newman Centre fo Entrepreneurship	
ADRP Directors-at-Large			
	Nancy Lynn Pitts	Agriculture College (Truro)	
	Marek Kujath	Professor, Mechanical Engineering	
	David Tindall	Professor, Physics	
CURAC Rep	Grace Paterson	Professor, Medical Informatics	
COMMITTEES			
Benefits	Peter Wallace	Sr. Instructor, Earth Sciences	
Membership	Randy Barkhouse	Director, ACS	
Newsletter	Marilyn Klein	Instructional Resources, Dentistry	
Pension Advisory	Randy Barkhouse,	Director, ACS	

The ADRP Board of Directors met remotely via Zoom May 18, 2021. <u>Minutes</u> of Board of Directors Meetings will be available on the ADRP Website https://theadrp.ca/wp/minutes/>



President's Report March 2021

Heather Schellinck

The ADRP has closed the year on a very successful note. As noted in the reports given at the AGM, our benefits have increased whilst the premiums decreased (for those 65 and over); the assets of the Retirement Trust Fund (RTF) continue to remain very robust; we have made a substantial contribution to the capital of our scholarship fund and membership continues to grow. Nonetheless, many retirees do not join the organization and we are currently looking for ways to communicate more effectively with potential members.

The University Board of Governors (Board) recently proposed to cease transfers to the RTF and have new retirees paid from the University Pension Fund. This is most concerning for several reasons as outlined in our letter sent to the Board. A copy of this letter can be found on our website in the October 2020 Newsletter. To date, we never received any response to our letter. We are currently drafting a memorandum of understanding with regards to the relationship between the ADRP and the University, a draft of which can be found in this newsletter.

On a personal note, it has been a very busy year for my family. We welcomed Covid-19 refugees from Ottawa after my daughter and her husband left Ontario to spend the past several months with us. Lucky for us all, they are both much better cooks than I. Then, with the closing of daycares in Halifax, I became the "essential worker" in my family and have been looking after a very busy toddler whilst my son and his wife work from home during the pandemic. All told, our family were grateful to have such positive experiences during a time that has been difficult for many. This was possible in part as a result of the sacrifices made by those in the public and private sectors to keep us safe. Currently, the outlook for summer and fall is encouraging. If all continues to go well, we will be planning a social event for late summer.

Take care

Heather

Treasurer's Report, March 2021

Ed Leach

AS OF March 31st, 2021

CUA Chequing Account. The balance in the CUA Chequing Account as of April 30th is \$14,239.06

Savings Account 7634-20-3. Balance is \$81.48.

Savings Account 7634-21-3. Balance is \$1,200.07

Certificate #	Deposit	Mature	Interest	Principal	Accrued %	Closing Val.
76364-40-3	02/03/2020	08/03/2022	2.250%	10,667.54	56.61	10,734.15
76364-41-3	02/03/2020	08/03/2022	2.250%	11,852.06	62.83	11,914.89
76364-42-3	12/19/2020	12/19/2022	0.800%	20,467.14	59.21	20,526.35
76364-43-3	12/02/2019	06/02/2022	1.950%	10,195.53	64.82	10,276.69
				53,197.27	259.81	53,452.08

Dalhousie Account: Balance unchanged at \$2,999.16

ACTION REQUIRED:

- 1. Donation made to Alistair Sinclair fund.
- 2. Cheques of \$2,000 each for 2020 and 2021 contribution to the bursary fund are on their way to Dal's advancement office with instructions to be added to the capital fund. An additional \$15,000 will be sent to the advancement office in September once we have sufficient funds in our account.
- 3. Dues for April were deposited on May 3rd h \$1,118.84.
- 4. The directors liability insurance is in the process of being purchased.

Membership Committee Report May 2021

Heather Schellinck

Current membership in the ADRP stands at -720 members as of May 31 with -30 non-payroll members. The e-transfer option for membership dues has proven popular and has been taken up by many of the latter group. We regret to announce the deaths of several long time faculty: Bernard Badley, Bruce Earhard and John Poole. We have also learned of the death of long time ADRP members have also died: John Barry, John Gray and James Eayrs. John Barry was a former member of our executive. He contributed greatly to the organization as a result of his negotiations with the University that resulted in the return of benefits overpayments to pensioners.

Benefits Committee Report May 2021

Peter Wallace, Chair

There have been essentially no matters concerning the ADRP Benefits Committee in the past month; I have only been contacted once to confirm a member's thoughts on a travel issue. This is in vivid contrast to the positive report on the new coverage added or confirmed mentioned at the AGM, and in the last Newsletter and the number of questions concerning the EHB and Travel plans in the winter months.

To review the coverage and new premium rates I refer you to the Dalhousie University Retiree Benefits Newsletter, Renewal 2021 issue, now available online at: https://cdn.dal.ca/content/dam/dalhousie/pdf/dept/hr/new-employees/Retirees%20-%20Apr%202021.pdf

The newsletter is produced by the Human Resources Department. In that issue, you'll find:

- Highlights of rate changes effective April 1, 2021
- Overview of new coverages being added to the over 65 retiree plan (policy 9146-002) effective April 1, 2021

The HR Department at Dalhousie has also updated their website where they put information pertaining to Pensions, Extended Health Benefits, and Travel information for retirees. It provides some valuable links that you may need:

https://www.dal.ca/dept/hr/Total-Compensation/Benefits/Retirees.html

The ADRP Benefits Committee members are:

Peter Wallace (Chair), Randy Barkhouse, Michael Bradfield, David Tindall, Christine Matheson-Studley, Cathy Thibodeau and Heather Schellinck (ADRP Chair)

The ADRP nominees to the Retiree Board Advisory Committee (RBAC) are:

Peter Wallace (Chair), Christine-Matheson-Studley (under age 65 rep), David Tindal and Randy Barkhouse

The non-voting members of the Dalhousie Benefits Committee are:

Peter Wallace (substitute/proxy), Christine Matheson-Studley and Cathy Thibodeau (substitute/ proxy)

Please contact any of the above for comments and suggestions.

Pension Report May 2021

Randy Barkhouse

The most prominent item from the recent Pension Advisory Committee (PAC) meeting may have been unexpected news of the award of some catch-up indexation to eligible pensioners. As provided for in Rule 9 the Retirees Trust Fund (RTF) trustees used one-half the \$ 10 million surplus identified in the RTF by the actuarial valuation of January 31, 2020 for this award.

That amount will provide the full 1.4728% catchup indexing outstanding for January 1, 2012, and will provide for 0.6580% out of the 1.5025% January 1, 2013 outstanding catchup indexing. For those who retired before December 2009, this will mean an increase of 2.1405%; for those who retired/started pension between December 2009 and January 2012, the amount of increase will be on a reducing scale depending on their retirement date. Those who retired after December 2012 will not receive an increase from catchup indexing. All retirees still have up to 6.3171% of missing indexation.

By the rules of the Dal Plan there can be no further catch-up indexation until after the next full actuarial valuation due no later than January 31, 2023.

The next most prominent news from the PAC may have been the projection by the actuary of the funded status of the Plan on a going concern basis. It is now over 98% including the requirement to have assets exceed liabilities by 7.7%. The 1-yr robust returns since the plunge in assets at the start of the pandemic were reported as 22.82% for the Plan as a whole.

Of more relevance for pensioners are the RTF returns since July 1, 2020 as it is the total from then to June 30, 2021 that will determine if any automatic indexation will occur on January 1, 2022. Without going into all the details of the calculation, a one-year return of about 12.5% would result in 1% of automatic indexation, and of 15.6% indexation of 2%. While those returns may seem unreachable and well above usual, the 9-month return of 13.64% offers some hope. Unfortunately a recent spurt in Canada's national Consumer Price Index towards 2% makes automatic indexation even more desirable than usual.

The report of the gross assets in the Plan showed the RTF at almost 50% of the total and likely growing past that figure once the July 1 transfer of assets for new retirements is made. This ratio is a major change from even a decade ago and gives rise to interest in ADRP having more influence in appointment of the RTF trustee who represents pensioners. To date that appointment has been made solely by the Board.

A final pension activity to mention is the audit planned for this year by the Pension Office. All pensioners should reply to the letter asking for confirmation of their pension details.

The Board continues to push its "cessation of transfers" proposal, but the current improved funding status diminishes somewhat any argument for that measure.

CURAC Report May 2021

Grace Paterson

The virtual 2021 AGM is scheduled for Wednesday, June 23, at 3PM Atlantic time. ADRP's president, Heather Schellinck, submits the names and email addresses of our CURAC AGM delegate and alternate to the CURAC secretary. Grace, chair CURAC Health Care Policy Committee, and Randy, chair CURAC Pensions Committee, attend the AGM in their respective roles. The Secretary emails the AGM Agenda and Reports to the delegates and alternates by May 23. A Best Practices Forum is held immediately after the AGM.

The Board of Directors of College and University Retiree Associations of Canada (CURAC/ARUCC) consists of 9 to 12 Directors, each elected by Member Association delegates for a term of two years at the Annual General Meeting. Four of these Directors are elected as Officers (President, Vice-President, Treasurer and Secretary). At the 2021 AGM, to be held through a Zoom teleconference, an election will be held to fill Board Vacancies. We propose to continue with 12 Directors. Nominations were invited for the positions of President, Vice-President, Secretary, Treasurer and Directors at large. Retiring Directors and Officers are eligible for nomination for a further term. Please go to https://www.curac.ca/about-us/governance/curacarucc-board/ to see a list of current Directors and Officers.

The Health Care Policy Committee submitted Bulletin No. 19 to the CURAC Board on April 26. It is being circulated to all CURAC members via the Retiree Associations, e.g., ADRP. We seek feedback by June 30, 2021, on the Bulletin from the members of ADRP before the bulletin is posted to the CURAC website.

Chronic Pain in Adults: Challenges in Understanding and Care (May 2021)

Abstract

Bulletin No. 19 of the CURAC/ARUCC Health Care Policy Committee reviews the need for a multi-disciplinary or biopsychosocial approach to the treatment and management of chronic pain. The reasons are clear: one in five Canadians (one in four seniors) experience persistent pain, up to 80% in care facilities.

Pain is hard to assess and is often left untreated. Training in pain management for medical practitioners is limited and there is a lack of knowledge of safe and effective treatments. The Bulletin notes that psychological and socio-cultural factors interact with brain processes to influence health and illness and that the psychological and socio-cultural dimensions are often neglected. Complex chronic pain requires a multi-modal approach that includes life-style issues, including continuing engagement in life activities and appropriate exercises. Opioids and over the counter analgesics are important tools if properly managed.

The Canadian Pain Task Force's 2020 Report concludes that the health system remains ill-equipped to manage pain and that it should support biopsychosocial approaches and timely access to care. Pain management is a critical element of palliative care. Canada needs a national pain strategy. We need to transform the way health services work together and transform the way health professionals and the broader community understand and deal with pain.

Notices & Opportunities

Participation on the CURAC Board and/or CURAC Committees

All members of ADRP are also members of CURAC (College and University Retiree Associations of Canada). CURAC's 2021 Call for Nominations: Directors and Officers was published on page 15 of the spring newsletter (CURAC-newsletter-2021-spring.pdf). It is too late for 2021 but time to plan for 2022.

The CURAC Board is composed of 12 Directors. I have completed my two-year term as Director and Chair, Health Care Policy Committee, but will stay on for an additional year because I enjoy the work and camaraderie. This gives me time to meet with those of you who wish to be nominated as a Director of CURAC or become a committee member. The Benefits Committee, Health Care Policy Committee, Pensions Committee, and Later-Life-Learning Committee accept new members throughout the year. There are external liaisons: Canadian Association of University Teachers (CAUT); Association of Retirement Organizations in Higher Education (AROHE); Academics Without Borders; CPA: Section on Psychologists and Retirees; Universities Canada; and Volunteer Canada.

Let me know if you are interested in becoming involved. The 2022 CURAC Conference will be held at UBC next May. Your attendance there will give you an opportunity to meet representatives of over 40 Retiree Associations representing the 15,000+ members of CURAC.

Note: ADRP usually pays for two attendees to the CURAC Conference.

Seniors' College of Nova Scotia Report May 2021

Nancy Pitts

After some discussion, the Seniors' College Curriculum Committee is recommending to the SCANS Board on May 17th that the fall courses be offered by Zoom as originally planned. There are five courses being finalized. On May 17th, the Chair of the Curriculum Committee is presenting a curriculum proposal for the Winter 2022 semester which would involve 2 courses offered by Zoom, 4 in-person in HRM, and 1-2 in-person in each of the four Chapters.

The final Public Lecture for the 2020-2021 year is scheduled for Thursday June 3, 2021 at 10 am by Zoom. It is entitled "Welcome Home: Newcomers to Nova Scotia". Nabiha Atallah, Advisor on Strategic Initiatives, Immigrant Services Association of Nova Scotia (ISANS) will be the speaker. This Public Lecture is open to the public but you do need to register in advance: https://form.jotform.com/211085010612236
For more information, www.thescans.org The next event on the Seniors' College schedule is a Public Lecture scheduled for June 3, 2021 at 10 am. It is entitled "Welcome Home: Newcomers to Nova Scotia" and will be presented by Nabiha Atallah, Advisor on Strategic Initiatives, Immigrant Services Association of Nova Scotia (ISANS).

This Public Lecture will be on Zoom and is open to everyone (you don't need to be a member to attend). You do need to register in advance: https://form.jotform.com/211085010612236

For more information, www.thescans.org

Draft Memorandum of Understanding May 2021

Shortly after the Association of Dalhousie Retirees and Pensioners was formed in 2002, the founding president, Dr. Tarun Ghose, and Dal President Tom Traves, signed a Memorandum of Understanding (MOU) to document some arrangements made between the two bodies. In the almost two decades since there have been further arrangements made which the ADRP board believes are important to further document.

Among these are the establishment of the Retirees Benefits Advisory Committee, subsequent to pensioners being excluded from the active employees benefit plan, the addition of an ADRP observer to the Pension Advisory Committee, the implementation of a pension deduction as means to pay ADRP's annual membership fee, and the establishment of the ADRP Bursary Fund.

In addition, given the growth of both the ADRP membership, and the proportion of the assets of the Dalhousie Pension Plan that are in the Retirees Trust Fund (RTF), the ADRP board believes it should be granted the privilege in future to nominate the "retirees representative" on the RTF board of trustees.

It is intended that this new MOU will be discussed with Dalhousie President Deep Saini in the near future.

A draft of the updated MOU is included below for review by ADRP members. Please forward any comments to adrp@dal.ca.

Memorandum of Understanding (Draft)

Whereas the Association of Dalhousie Retirees and Pensioners (ADRP) was formed and has been registered under the Societies Act of Nova Scotia for over a decade, with over 720 dues paying members

and;

Whereas the ADRP wishes to continue a cooperative and mutually respectful relationship with the Board of Governors of Dalhousie University (Board)

and;

Whereas the Board values its relationship with retired faculty and staff, recognizing their contributions, commitment, and ongoing interest in the University's mission

and;

Whereas the assets of the Retirees Trust fund are now 50% and increasing of those of the Dalhousie Pension Plan;

The following understandings have been reached:

The Board shall collaborate with the ADRP to promote the continued volunteer efforts of retired members of the University to participate in scholarly, professional, and other activities within the University.

The Board shall continue to support the ADRP having observer status on the Pension Advisory Committee, and the ADRP's participation in all relevant discussions of the Dalhousie Pension Plan.

The Board and the ADRP acknowledge their commitment to the Retiree Benefits Advisory Committee

The Board shall continue to provide to the ADRP office space located on campus under terms previously agreed upon in a separate lease agreement and shall continue to provide retirees with access to the University's WIFI network. The ADRP shall be responsible for phone and computer connection costs in its office.

The Board shall continue to provide dues deduction from pension payments process as currently in operation. Any changes shall be by mutual agreement.

The Board shall continue to provide ADRP with Dalhousie e-mail services (ADRP@dal.ca).

The Board shall notify the ADRP when the term of the Retiree Member of the Retirees Trust Fund (RTF) is due to expire, and appoint a nominee from the ADRP to the Retiree Member's position. Only an ADRP member can truly represent the interests of the ADRP.

The Board shall appoint a senior officer to liaise with the ADRP on any matters of mutual concern. This shall not preclude occasional meetings with the President or other senior officers as may be agreed.

ADRP shall continue to have the opportunity to make a 30-minute presentation regarding the Association, including its objectives, at pre-retirement seminars offered to faculty and staff.

The University President shall host an annual reception for its retirees, usually at Homecoming.

The Board shall provide a separate "Dalhousie Retiree" designation for donations to the University and the United Way.

These understandings may be varied from time to time by mutual agreement of the Board and the ADRP, and will be reviewed periodically with the Senior Liaison Officer.

President, ADRP	President, Dalhousie University
Date	

Health and Wellbeing



Staycationing in Nova Scotia, Winter-Spring 2021

Peter Wallace

Staycations have been the thing to do this past year, and because my wife, Carolyn Green, and I moved to the valley from Halifax upon retirement, we are in prime territory for doing just that. To that end (along with many other reasons) I have been leading once a week a group of retirees on 6-12 kilometer hikes on local trails (full disclosure: we also do a bit of bushwhacking) to view interesting spots such as look outs over the water or valleys, abandoned hamlets and homesteads, rivers and streams, flora and fauna, etc. The idea is to enjoy both the journey as well as reaching the end. This winter-early spring before the latest iteration of restrictions due to Covid we were visiting waterfalls, something we'd been doing for a while but now in a more concerted manner.

Many waterfalls in Nova Scotia are on or accessed through private property and so to visit them you must do your homework first in case you have to ask permission to pass by. Regardless, you should always practice good manners when visiting waterfalls and leave no trace – I've had owners telling me horror stories of what some visitors get up to (you do not want to ask!). Since the publication of the book Waterfalls of Nova Scotia and the various web pages on the same subject as well as the Covid restrictions many more people have been going out to see these beautiful natural phenomena and in some cases wrecking it for the rest of us by leaving litter, etc. Don't be one of them.

I give you four great waterfalls in the valley to visit, they are easily accessed and more or less in the public domain (on property owned by NS Power so go there at your own risk).



Ettinger Falls: This waterfall is outside of Windsor at Three Mile Plains. There is a series of 3 falls, increasing in drop as you go up stream. Access is by walking 800 m up a gravel road to the Windsor water treatment plant and 3 of the windmills south of the town. Vehicles can drive up to the falls but unless you are in possession of the keys to the gate do not try this; your vehicle may get trapped on the wrong side. The good news is the falls are right along side the road so access is very easy and it's in a hemlock forest so the banks are perfect for forest cleansing. It's also grandkid/dog friendly.

Baxter's Harbour: This waterfall at Baxter's Harbour is where the Fraser River empties into Scots Bay. The photo was taken in the late winter at low tide, the ice being cut off at the high tide level. The road to Baxter's Harbour ends at a gravel slope going into the bay right by the falls but you must get out of your vehicle and walk around the rock to see it properly.

There are a series of 3 more falls on other brooks going east from here ending at Black Hole Falls but the trail to them is difficult to navigate and crosses private property. Black Hole Falls itself is a different matter to the middle two, it can also be accessed via a trail which is short and easy but seeing the falls takes a bit of climbing down and up the steep 30 m river bank below the falls. The falls can also be seen from the water by a short paddle from Baxter's Harbour.

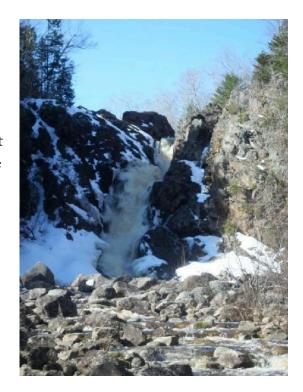


I also have it on good authority that in the past when we had real winter weather, ice climbers used this falls to practice their trade. We also launch our kayaks here in the summer to paddle along the shore – there's a cool short cave that you can paddle through at mid-tide. Great fun!



Crystal Falls: One of the best falls to visit in Nova Scotia, at the base of the falls is a great big pool worthy of a swim after a hot hike into the area. For those adventurous folk there is a great place on the left of the falls to dive in off the cliff – I have done it so it is safe. The falls are accessed by a longish hike of approximately 3 km round trip along an ATV trail (parts now a logging road but still an easy walk) but well worth it.

Wambolt Falls and tunnel: I have to put this in because of the tunnel. The area is south of Middleton on Highway 10 and 800 m off the highway at the Nictaux dam and reservoir. Access is a NS Power road and again do not drive in, park at the highway. The falls is artificial in that NS Power constructed it as part of the spillway over the dam and is over 15 m high. The tunnel came into existence when the dam was made to keep the water flowing under the dam while they were building it. Then it was closed off - no water flows out of it today. It is about 3 m high and wide, 200 - 250 m long, and curves as it goes back under the dam. It has the coolest echo; talk, thump a stick or whatever and after a 1.5 second delay it comes back at you loud! When we went in there this spring (twice) we saw 4 and then 8 little brown bats - a wonder!





This area is also accessed by the Nictaux canal which crosses highway 10 and has a great canoe/kayak launch site. A paddle of a few kilometers gets you to the reservoir where there are a few gravel/sandy areas great for a summer picnic and swim. It makes a perfect outing. If you have grandkids interested in nature (and physics) the quick easy walk to the tunnel would be a lifetime experience for them.

I've kayaked, canoed, biked and hiked around Nova Scotia for decades and have never been

disappointed with its beauty. Many places are easily accessible, not with paved trails but easy nevertheless. You may be pleasantly surprised that a staycation in Nova Scotia is worth the effort and will give you a better appreciation of the province in which you live.

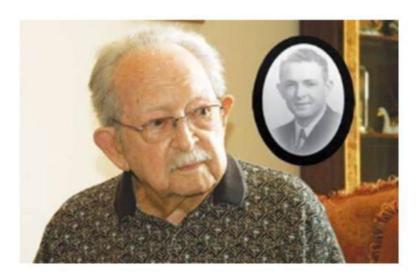
On the Lighter Side

What an inspiration to us all.

As we get older we sometimes begin to doubt our ability to "make a difference" in the world.

It is at these times that our hopes are boosted by the remarkable achievements of other "seniors" who have found the courage to take on challenges that would make many of us wither.

Harold Schlumberg is such a person:

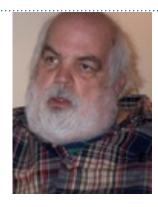


HAROLD SAYS: "I've often been asked,
'What do you do now that you're retired?
'Well...I'm fortunate to have a chemical engineering background
and one of the things I enjoy most is converting beer, wine and
whiskey into urine. It's rewarding, uplifting, satisfying and
fulfilling. I do it every day and I really enjoy it."
Harold is an inspiration to us all

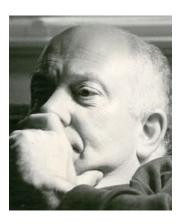
In Memoriam



Bernard Badley



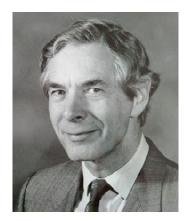
John Barry



Bruce Earhard



James Eayrs



John Gray

No Photo Available

John Pooley

Association of Dalhousie Retirees and Pensioners



Halifax, N.S. B₃H₄R₂

Room 2831 Life Sciences Centre Dalhousie University PO BOX 15000 Halifax, Nova Scotia B3H4R2 Telephone: (902) 494-7174 E-Mail: adrp@dal.ca

Membership Application for Payment by E-transfer, Cheque or Monthly Pension Deduction Employee Number (from your pension stub): B Address _____ Postal Code____ Phone Number: _____ Date of Retirement: Dalhousie Department: Payment method (Choose one): • An e-transfer of \$20 to treasurer@theadrp.ca for the current year. You will receive confirmation that your transfer was successful. • I enclose a \$20 cheque payable to the Association of Dalhousie Retirees and Pensioners, c/o adrp office address. • I request that ADRP monthly dues (\$1.66) be deducted from my Dalhousie University pension starting (month and year) ______, and continuing until I inform you otherwise in writing. (Signature) Please return this form to: Payroll Office Room 152, Henry Hicks Academic Administration Building Dalhousie University PO BOX 15000

The information you provide to us will be used for our records and to allow us to contact you or distribute to you information. Information that identifies you will not be shared with any other organization.



Yes I want to support the Dalhousie Retirees and Pensioners Bursary! Name: Address: City: _____ Province/State: _____Postal /Zip Code: _____ ☐ This is my preferred address GIFTAMOUNT: I want to support the Dalhousie Retirees and Pensioners Bursary by: ☐ A one-time gift of \$100 \$50 Other \$_____ Other \$_____ ☐ A monthly gift of \$15 \$10 I may alter this agreement by contacting the Office of External Relations METHOD OF PAYMENT: Please select one: □ Visa ☐ MasterCard \square AMEX Please process my credit card: Card #:_____Expiry: _____ Signature: ☐ I've enclosed a cheque made payable to Dalhousie University to process my one-time gift. ☐ I've enclosed a void Canadian cheque to process my pre-authorized monthly gifts. Mail contributions to: ADRP Bursary Fund Office of External Relations Dalhousie University Box 15000 Halifax, NS B3H 4R2 OR to make your gift online, visit giving.dal.ca and specify Dalhousie Retirees and Pensioners Bursary TAX RECEIPTS: Dalhousie will issue a tax receipt for your income tax purposes. Monthly

Donors will receive one yearly receipt summarizing giving over the year.

Association of Dalhousie Retirees and Pensioners (ADRP)

Membership

Open to all Retirees from the University staff, Non-Academic and Academic. Associate membership is available to those within 5 years of retirement.

Mission

To facilitate and promote the dissemination of information of interest to Dalhousie Retirees; and

To enhance and promote the sense of continuing membership in the Dalhousie Retirees' family.

Formal Objectives

To represent the interests of retirees from Dalhousie University, their spouses and beneficiaries;

To further the understanding of the retirement pension and benefits;

To cooperate with other groups that have similar objectives; and

To provide a conduit for information between the University and retirees.

Informal Objectives

To promote social interaction among its members;

To investigate and negotiate group benefits that a significant number of members may desire;

To provide information to its members about general and specific retirement issues; and

To pursue other issues as the membership directs.

For Further Information

Visit us at our Web Site: http://theadrp.ca or phone us at (902) 494-7174. Our Email is adrp@dal.ca. Our unstaffed office is on the lower floor of the Life Sciences Centre, Room 2831.